



GOVERNOR SEMPLE SCHOOL

DECEMBER 2015

Sara Newfeld

Martha Graham

Sara Wilson

Carol Ritchot

Lynn Buan

Charlene Kalkreuth

Kim Kozak

MS. Saskosky

May your holiday season
be blessed with Peace,
Love and Joy.

Ric MITCHELL

Sending you our heart-
felt wishes with joy that
never ends.

Carrie Lundy

Terry Klan
T.M.A.

Alison Lemoine

Karen Hiscott

HAPPY HOLIDAYS

Dave Mather

Mrs Hildeman

Colleen Solinger

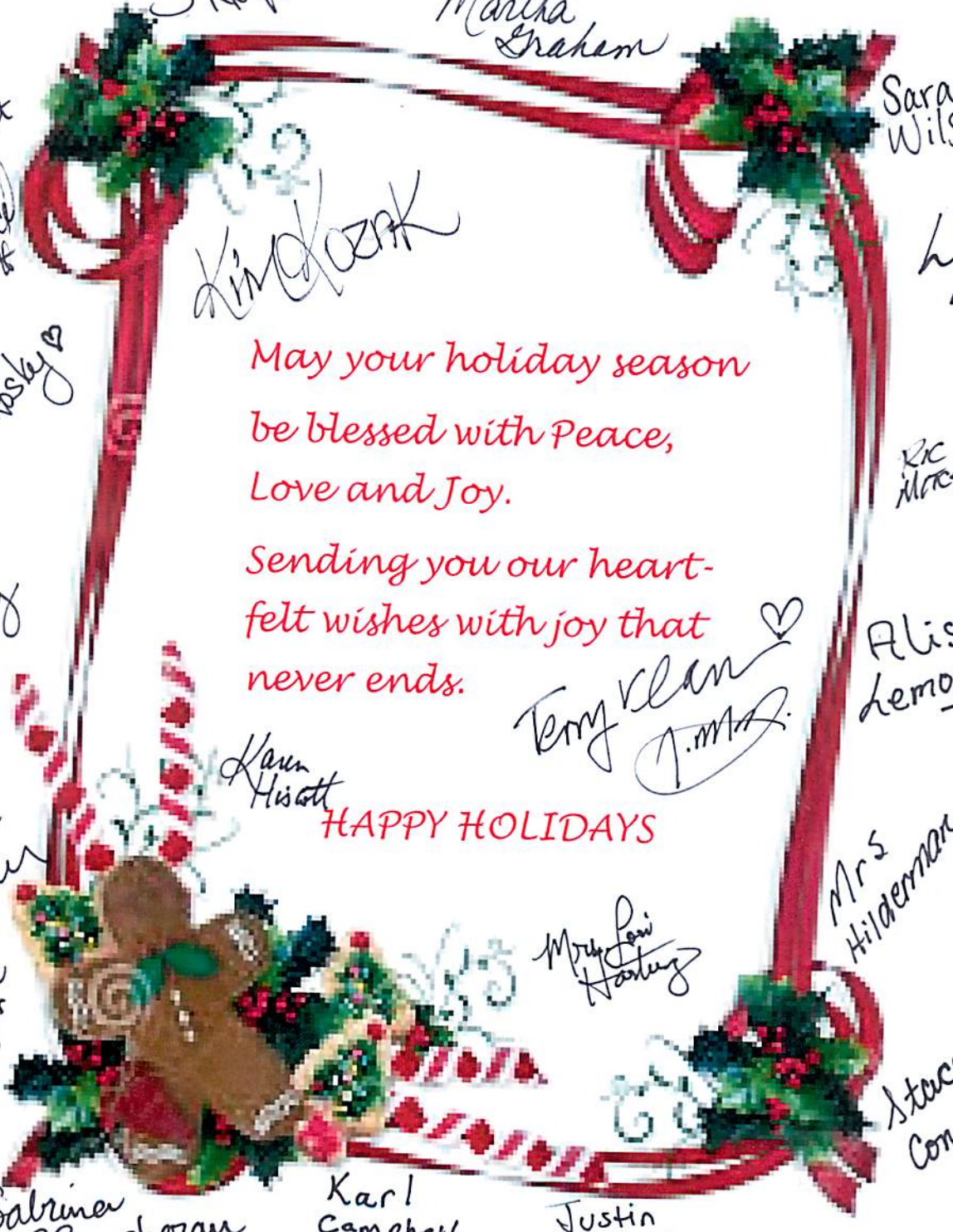
Mary Lou Hartung

Stacey Conolly

Sabrina Sheochoran

Karl Campbell

Justin Prowlx





Positive Discipline

What it is and how to do it



We all know that parenting is a most rewarding, but challenging experience. Often we are presented with situations or behaviors in our children that leave us feeling confused, frustrated and unsure of how to respond.

Positive Discipline is an approach to parenting that teaches children and guides their behavior, based in research on children's healthy development and effective parenting.

Positive Discipline is not permissive parenting and is not about punishment. It is about long-term solutions that develop children's own self-discipline and their life long skills. Positive discipline is about teaching non-violence, empathy, self-respect, human rights and respect for others.

The 7-Oaks School Division will be offering a seminar on Positive Discipline in February 2016. The sessions will start on Wednesday, February 24th in the afternoon from 1:00 p.m. to 3:00 p.m. and will be an 8 week program. Childcare is available. The program will take place at the Ben Zaidman Educational Resource Centre (BZERC) at 375 Jefferson Avenue.

Registration forms will be sent home end of January 2016. For more information please contact the Community Coordinator at your school. We look forward to sharing information, ideas and experiences in these fun and informative parent seminars.

For more information please contact:

Marielle Meades

Marielle.meades@7oaks.org

204-633-8870





LEARN LACROSSE

2nd Annual learn lacrosse

Where: Duncan Arena - 55 Duncan Street

When: February 6—March 26

Time: Saturdays 11:30 - 12:30 a.m.

Indoor, non contact, sticks provided

Registration is free but space is limited

For more info or to register now

Please contact [nwfalconslox@gmail.com](mailto:nwfalconslax@gmail.com)



NO SCHOOL ON THE FOLLOWING DAYS:

December 21—January 1 -Winter Break

Monday, January 18- P.D. Day

Friday, February 5- P.D. Day

Monday, February 15- Louis Riel Day

Friday, March 18—Parent/Teacher Conferences

Friday, March 25—Good Friday

March 28—April 1—Spring Break

Friday, April 22- P.D. Day

Monday, May 16—P.D. Day

Monday, May 23—Victoria Day

Monday, June 27—Administration Day

NOTE: Please check this month's calendar for activities.



JANUARY



Su Mon Tue Wed Thu Fri Sat

HAPPY
NEW YEAR
2016!



4
First Day Back
Skating-Rm 6
9:55-11:20
Skating-Rm 5
10:40-12:05
Day 1

5
Skating-Rm 1
11:25-12:50
VISION SCREENING
Day 2

6
Day 3

7
Bhangra
Dance Performance @ 2:30
Day 4

8
Day 5

9

10

11
Skating-Rm 6
9:55-11:20
Skating-Rm 5
10:40-12:05
Day 6

12
Skating-Rm 1
11:25-12:50
Sharing Dance
2:00-3:30
Day 1

13
Day 2

14
Day 3

15
Day 4

16

17

18
No Classes
Professional Development
Day 5

19
Skating-Rm 1
11:25-12:50
Day 6

20
9:00- Gr. 4's
Meningitis shot
Day 1

21
Day 2

22
Day 3

23

24

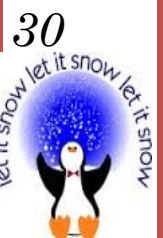
25
Skating-Rm 6
9:55-11:20
Skating-Rm 5
10:40-12:05
Day 4

26
Skating-Rm 1
11:25-12:50
Sharing Dance
2:00-3:30
Day 5

27
Day 6

28
Day 1

29
Day 2



31

WINTER

