

November 2016

GOVERNOR SEMPLE SCHOOL

150 Hartford Ave. Winnipeg MB R2V 0V7

Ph 204-339-7112 & Fax 204-334-7356

web site: www.7oaks.org/school/governorsemples/ Twitter: @GovernorSemple

Dear Governor Semple School Families,

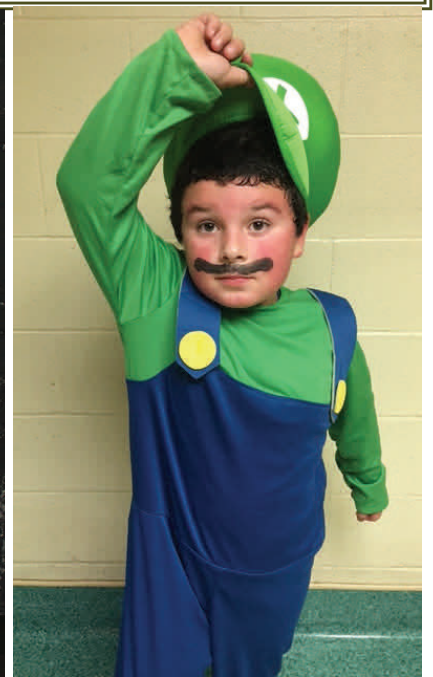
We had a busy October! Some of the month's events at school included:

- ◆ an outing for our patrols to a corn maze and hobby farm
- ◆ the annual Halloween Dance
- ◆ Grade 3-5 cross-country running

November will bring many events and activities, including vision screening, several field trips, report cards and parent-teacher conferences, our Remembrance Day assembly and many learning opportunities for children at the school.

After many years coordinating the annual Halloween Dance and as her last child leaves for middle school in the spring, Tammy Chopp will be resigning as coordinator. Thank you so much for all your time and work with this special event every year, Tammy! If you are interested in taking on the position for next year, please let the school know.

Karen Hiscott, Principal



REMINDER—NO SCHOOL ON THE FOLLOWING DAYS:

Tuesday, November 1—P.D. Day

Friday, November 11— Remembrance Day

Friday, November 25—Parent/Teacher Conferences

December 23-January 6— Winter Break

Friday, January 20—P.D. Day

Friday, February 3—P. D. Day

Monday, February 20—Louis Riel Day

Friday, March 17—Parent/Teacher Conferences

March 27-March 31—Spring Break

Friday, April 14—Good Friday

Friday, April 21 —P.D. Day

Monday, May 15—P.D. Day

Monday, May 22—Victoria Day

Monday, June 26—Administration Day

NOVEMBER DATES TO REMEMBER:

November 6th— Daylight Saving Time ends

November 14, 21, 28 - Room 6 skating

November 10 - Remembrance Day Assembly

November 15 - Rm. 1—Zoo

November 15, 24 - Rm. 7 swimming

November 15 , 22 & 29th— Rm. 3 skating

November 17, 22, 29— Rm. 1-swimming

November 23— Picture re-takes

November 24—No Heritage Language Class

November 23 & 24th- Parent/Teacher Conferences (evening)

November 25th-Parent/Teacher Conferences —**NO SCHOOL**

November 7th to 10th Vision Screening week



REMEMBRANCE DAY

ASSEMBLY

Thursday, November 10th @

10:00 a.m.

Everyone is welcome to attend.

HALLOWEEN VOLUNTEERS

Tammy, Ian & Boeden C.	Jennifer, John & Jake B.
Nicole D. Kym D.	Taylor D.
Charlene F. Elizabeth A.	Victoria A.
Amy T. Jackie Van D.	Judy L. Brooklynn Y.



They either baked, organized, donated, or helped out during the dance (or did all of these!)



* Just over \$600.00 was raised at the parent-organized Halloween Dance.

COMPANY DONATIONS



We would also like to thank the companies who donated drinks and the large prizes:

WOW Hospitality(Jim Armstrong), IGA on Main Street, Academy Bowling Lanes, The Winnipeg Jets & the bakers: Jennifer B., Charlene F., Elizabeth A., Kym D., Jackie V., Amy T., Nicole D. & Tammy C.

HALLOWEEN IN PRESCHOOL



PARTY OF ONE

Mastering alone time and independent play is an important toddler milestone.

by Alicia McAuley TODAY'S PARENT OCTOBER 2016

The first year with a baby involves a lot of singing, stacking, reading and sitting on the floor. But eventually, your little guy will reach that miraculous milestone of amusing himself on his own for a few minutes. And you will be able to do small tasks (you know, like unloading the dishwasher or peeing) in peace.

Lauren Bergmann, a mom of two in Bedford, NS, has a busy 19 month old toddler, Cohen. At this stage, she says, "he's happy doing the same thing-whatever he is playing with- whether I'm sitting right there with him or not." That includes playing with stacking rings and building blocks, and "helping" his mom in the kitchen. "If I'm cooking a meal, I'll let him go into the bottom pantry cupboard full of plastic containers and placemats, and just let him pull it all out," says Bergmann. While one-on-one time is certainly important for strengthening the bond between you and your child, knowing when to give her space to play without your input is important, too. "Play is vital to children's development. It supports them on all levels – physically, cognitively, socially, emotionally and spiritually," says Stephenie Gillingham, professor of early childhood education at Sheridan College in Oakville, On. "What they're gaining when they're playing on their own is curiosity, autonomy, learning to take initiative and problem solving."



IS THERE A RIGHT TIME? Learning to play solo is an important skill kids begin to develop very early on. "I think there's that classic view of seeing a child sitting separate from a parent and engaging by themselves, and often we envision that around 14 or 15 months. But even children who are infants in their cribs are beginning to learn to play alone," Gillingham says. "They're playing with their voices, making sounds. Or they're experimenting with their hands. Parents just may not recognize it as such, because they're so young." Around 12 – 15 months old, babies will engage in more complex activities, like building and stacking, which allows them to play for longer periods. Time spent playing independently typically extends as kids age, but the duration and ability to concentrate will be very unique to the child, Gillingham explains. "If it's something that's just developing, then you'll be happy at first with just a couple of minutes. By the time children are 18 – 24 months, you'll likely see them being able to sit for 10 – 15 minutes, engaging in things. And some kids could be very happy to spend up to 20 minutes to half an hour or more. It all depends on the child, your relationship and the environment – setting up a safe and comfortable space they feel secure in."

ENCOURAGING YOUR CHILD Your toddler will actually provide clues that he is ready for unaccompanied free play. "When you're observing your child, you'll see those moments when he is engaged and doing something on his own that allow you to step back a little," Gillingham says. "That may be as simple as moving from one end of the couch to the other, or moving across the room from your child. As he gets older, you can even say "I'm going into the kitchen, and I'll be right back." When you return to check on your toddler, it can be gratifying to see that he's still engrossed in whatever game or toy he was playing with before you ducked out of the room.



When choosing an activity for your child to try on her own, focus on the things you know she enjoys, whether it's looking at books, stacking blocks, building a train set or banging pots and pans. For two-year-old Madeleine, it's colouring and "cooking" in her play kitchen. "It helps if she is making a picture or pretending to cook for someone in particular," says her mom Karla Doig of Ottawa. The activity doesn't have to be complicated or involve a lot of toys or playsets. "For young children who are very much engaged in exploration and trying to figure out what things do and how things work, it could be as simple as giving them some plastic containers with measuring cups inside. For other children, it may be more sensory-based activities, like playing with playdough." And if you have an active kid who loves to run and climb, there are plenty of outdoor opportunities for solo play, too. Giving your little one space to explore the playground on his own, while keeping a watchful eye for any safety issues, is a great example. "The nature of a playground is actually aligned more to solitary play," says Gillingham. "There are other kids around, but your child isn't paying attention to what they're doing." Indoors, let your toddler dance to music or make a pillow fort. Taking this step back helps his independence – and imagination – flourish.



Kildonan Youth Activity Centre
Office: École Seven Oaks Middle School
Phone: (204) 470-9460
Contact: amy.wilson@7oaks.org



KYAC Needs Your Help!

We are putting together a **Youth Council** and we want you to be a member! As a Youth Council member you will work alongside your fellow students being active members of the community. This includes talking about issues and how to handle them, what programs you would like to see KYAC run all the while gaining valuable leadership skills.

What you need:

1. To be a student in the Seven Oaks School Division between the ages of 8-17
2. Ideas on what activities you would like to see offered in your neighbourhood
3. To be available to attend meetings once or twice a month at École Seven Oaks Middle School at 4pm-5pm

The Plan

- **Youth Council** will plan to meet once or twice a month (on Monday) for an hour and discuss issues they face as well as what programs they would like to see KYAC offer.
- Everyone who comes out will be included in the discussions and be part of the **Youth Council**.
- Once a month one member, or two, will be invited to participate in KYAC's Board Meeting and let us know what ideas they have come up with.
- Snacks and drinks will be provided for anyone who attends the meetings
- First meeting will be December 19th, just before Winter Break!

If this sounds like something that interests you, simply have your parent or guardian contact KYAC's Program Coordinator at amy.wilson@7oaks.org or head to our website to register online!

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

Hope to hear from you soon!

Amy Wilson
KYAC Program Coordinator



**Manitoba
Public Insurance**

Oct. 26, 2016

Dear Parents,

To help your children be safe and be seen this Halloween, Manitoba Public Insurance is pleased to provide reflective Halloween treat bags to all trick-or-treaters from Kindergarten through Grade 6.

Road safety is important every day of the year, but Halloween presents unique challenges as large numbers of children are on community streets after dark.

Please keep your ghosts and goblins safe this Halloween by using their reflective treat bags, and by following these important road safety reminders:

- Look all ways for traffic before crossing the street.
- Never cross between parked cars.
- Always walk – never run – across the street.
- Take care when crossing at traffic lights and stop signs by waiting for vehicles to come to a complete stop and by making eye contact with drivers.
- Remember that cars cannot stop quickly in wet or icy conditions.

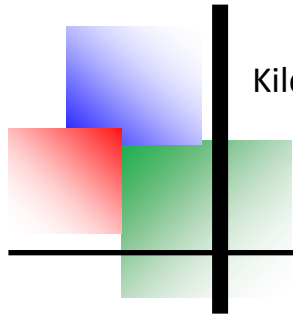
As parents, please be cautious of masks that may obscure your child's vision; and be careful of dark costumes that may be difficult for drivers to see. Also consider walking with your children or have them travel in groups to help ensure a safe and happy Halloween.

Thank you for helping to make this Halloween safe.

Sincerely,

A handwritten signature in black ink, appearing to read 'Ward Keith'.

Ward Keith
Vice-President, Business Development & Communications
and Chief Product Officer



Kildonan Youth Activity Centre (KYAC)



Kildonan Youth Activity Centre

NOVEMBER 2016

KYAC Program Coordinator: amy.wilson@7oaks.org OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

Programming Hours :

Drop-in Gym Hours:

Edmund Partridge Community School (EP):

Monday, Wednesday and Friday 6-9pm

École Seven Oaks Middle School (ESOMS):

Tuesday and Thursday 6-9pm
Saturday 12-5pm

Structured Program Hours:

Governor Semple School:

Wednesdays 3:30-5:30pm

Forest Park School:

Thursdays 3:30-5:30pm

École Riverbend Community School:

Tuesdays 3:00-5:00pm

Fridays 6-9pm **(students from all schools welcome!)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11 NO KYAC Remembrance Day	12
13	14	15	16	17	18	19
20	21	22	23	24 No KYAC @ ESOMS Parent/ Teacher	25	26
27	28	29	30			

SPECIAL ANNOUNCEMENT—KYAC NEEDS YOUR HELP!

We are looking for students aged 8-17 who want to join our Youth Council. This council will give you the opportunity to work alongside other students to address issues you face and give ideas on programs you would like to see run at KYAC. If this is something that interests you, please contact the program coordinator.

- Meetings will run once or twice a month on Monday nights at the KYAC office from 4:00pm—5:00pm
- Snacks and drinks will be provided to all that attend
- Once a month one representative will get to sit in on KYAC's board meeting and present their ideas
- This is a great opportunity to volunteer, meet new friends and have your voice heard



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Day 4 Professional Development NO CLASSES	2 Day 5	3 Day 6	4 Day 1	5
6 	7 Day 2	← Vision Screening →			11 	12
13	14 Day 6 Rm. 6-skating 11:40-1:00	15 Day 1 Rm. 1 – Zoo 9:00-2:30 Rm 7swimming 9:30-11:00 Rm. 3-skating 11:40-1:00	16 Day 2	17 Day 3 Rm. 1 - swimming 9:30-11:00	18 Day 4	19
20	21 Day 5 Rm. 6-skating 11:40-1:00	22 Day 6 Rm. 1 swimming 9:30-11:00 Rm. 3-skating 11:40-1:00	23 Day 1 Picture retakes – Music Rm 1:00pm P/T Conf. Evening	24 Day 2 Rm. 7-swimming 9:30-11:00 No Heritage Language class P/T Conf. Evening	25 Day 3 Parent/Teacher Conferences NO CLASSES	26
27	28 Day 4 Rm. 6-skating 11:40-1:00	29 Day 5 Rm. 1 swimming 9:30-11:00 Rm. 3-skating 11:40-1:00	30 Day 6			
Notes: Tuesday, December 13 – Winter Concert/Family Night		Last day of Heritage Language is Thursday, December 22/2016 and classes will resume Tuesday, January 10/2017 Last day of classes before Winter break is Thursday, December 22/2016. Classes will resume again Monday, January 9/2017 (Day 5)				