

# PHYSICAL EDUCATION

## ASSESSMENT CRITERIA

### A. Prepared for Class

- comes to class on time during gym class
- has appropriate gym clothing (T-shirt, sweats/shorts, runners)
- changes quickly for class

### B. Participation and Effort

- stays on task during gym class
- likes to join in all activities
- tries hard during all aspects of class
- abides by the rules and regulations

### C. Attitude and Behavior

- uses appropriate language in class
- listens to instructions and follows directions
- cooperates with others in class
- demonstrates good sportsmanship and fair play
- respects others in class as well as property/equipment

### D. Written Tests (when applicable)

- demonstrates an understanding of the rules and skills involved in the activities covered

# Fair Play

5	<ul style="list-style-type: none"><li>- cheers for good players and good plays, even by opponents</li><li>- always maintains temper, no "mouthing off" or abusing equipment</li><li>- never argues with decisions of officials</li><li>- invites <u>all</u> others to participate</li><li>- changes players on teams to keep the game fair</li><li>- accepts winning and losing with grace</li></ul>
4	<ul style="list-style-type: none"><li>- cheers teammates great plays</li><li>- almost always maintains self-control</li><li>- politely questions calls made by the referee</li><li>- encourages friends on team</li><li>- works hard for self and team</li></ul>
3	<ul style="list-style-type: none"><li>- sporadic encouragement of teammates</li><li>- occasionally takes unfair advantage of other players</li><li>- plays well when on winning team and while being observed</li><li>- controls temper</li><li>- occasionally complains about others following the rules</li></ul>
2	<ul style="list-style-type: none"><li>- "bends" the rules to suit own needs</li><li>- frequent complaints about others following the rules</li><li>- displays frustration and anger, mild temper exhibited</li><li>- becomes involved when play comes directly to them</li></ul>
1	<ul style="list-style-type: none"><li>- physical and verbal abuse to opposition, teammates, officials</li><li>- nags teammates when they perform poorly</li><li>- complains about team assignment</li><li>- concern for self e.g. ball-hog</li></ul>

## WHAT IS YOUR PARTICIPATION - EFFORT LEVEL

		Self Evaluation			Teacher Evaluation		
<b>NON-EXISTENT</b>  1	consistently late/absent						
	avoids participating						
	excessive socializing						
	often interfering with others						
	off-task						
	fooling around						
	favorite sayings: I can't, I'm bored, This isn't fun						
<b>MINIMAL POOR</b>  2	going through the motions .. no sweat						
	just trying to survive p.e.						
	shows no improvement in phys. skills - lack of effort						
	contributes little to team play IE only plays the ball if it comes to them						
	numerous excuses why can't work hard						
<b>OKAY</b>  3	exerts fair effort if the teacher is watching/friends if winning, if good at activity .. iffy effort						
	some minimal improvement in physical skills relating to effort						
	requires prompting to put forth a good level of effort						
<b>GOOD</b>  4	effort is consistent						
	moves up and down the field/court with game play						
	shows good improvement in most skills due to effort						
	works/plays hard most of the time						
<b>EXCELLENT</b>  5	gives best effort all of the time						
	challenges themselves						
	noticeable improvement in physical skills						
	uses time efficiently to improve skill						
	challenges self to improve physical skills						