

Школа R. F. MORRISON SCHOOL

Helping Your Child Transition to Kindergarten

Starting Kindergarten is an exciting time of change for you and your child. Through their Kindergarten experiences, children will grow in physical independence, social skills, emotional maturity, language and thinking skills, and in communication and literacy skills. You can encourage your child's development in these areas and help them transition smoothly to Kindergarten in a variety of ways.

Get ready for a play-based day!

You can help your child by:

- Playing active games at home and spending plenty of time outside.
- Giving them opportunities to climb stairs and playground structures.
- Providing them with a good night's sleep - 11 to 14 hours per night.
- Choosing healthy snacks.
- Providing chances to play with paper, scissors, crayons, paints and play-doh.

Get ready for new routines!

You can help your child by:

- Giving your child choices to help practice decision-making.
- Playing games like Simon Says to practice following directions and listening.
- Giving two minute warnings before changing activities.
- Giving them opportunities to tidy up after themselves and take care of their play-things.
- Talking about upcoming events or changes in routines.



Get ready for new friends!

You can help your child by:

- Practicing describing feelings and using words to solve problems.
- Encouraging them to include others in their play.
- Planning playtimes with other children.
- Praising them when they help others.

Get ready for new learning opportunities!

You can help by:

- Reading to your child.
- Telling stories to each other.
- Having conversations with your child and encouraging their curiosity.
- Playing all kinds of games: sorting games, counting games, memory games, number games, alphabet games, imagination games....
- Practicing recognizing and printing their name.
- Encouraging them to express themselves.



Get ready for increased independence!

You can help by:

- Practicing zippers, buttons and snaps and sending your child to school with shoes and boots that they can put on themselves.
- Encouraging independence in the washroom.
- Coming to our **Kindergarten Open House, MAY 11TH, 2023**, so that your child can become familiar with the teacher and the classroom.
- Visiting the school over the summer to play on the playground to begin imagining what it will be like to be a student at **Shkora R. F. MORRISON SCHOOL!**