



## Education for Sustainable Development

We are officially a 'paperless' school. In place of newsletters, we use email, our website, and social media to keep both students and families up to date on what is happening at the school. Parents - please keep us updated on **your current email address** as emails are sent on a regular basis. Please see our website for the following important information:

Report to Community, Important Dates Calendar, and the Divisional Calendar. We also have a Facebook page that is regularly updated with important information. Please like and follow:

[www.facebook.com/sevenoaksmetschool](http://www.facebook.com/sevenoaksmetschool)

[www.instagram.com/sevenoaksmetschool](http://www.instagram.com/sevenoaksmetschool)

As ESD is a key component of our school plan, and in an effort to become a more sustainable school, we encourage the following from our student body:

- Garbage-free lunches
  - Create no waste
  - Bring containers for takeout food
  - No Styrofoam!
- No single use plastics
- No plastic bags
- Composting
- Reduce, Reuse & recycle
- Use natural light when possible
- Biking/walking to school
- Use of the 'green' space out back
- we have a water bottle filling station

## School Supply List

- Scientific calculator – Sharp DAL (approx.. \$15 @ Staples or Wal-Mart)
- 1-2 medium sized binders
- 1 pkg of loose-leaf paper & 1 pkg of graph paper
- Pens, pencils, markers, pencil crayons, ruler, tape, glue, scissors
- Memory Stick
- Phys. Ed clothing and indoor running shoes
- Refillable water bottle
- A student agenda to manage due dates & internships
  - ✓ Using a digital calendar is recommended (i.e. a phone app)

## Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8:45 – 10:05			8:45 – 9:35 ADVO 9:45 – 10:35		
10:15 – 11:35			10:45 – 11:35		
11:35 – 12:40	 LUNCH				
12:40 – 2:00			12:40 – 1:30		
2:10 – 3:30			1:40 - 2:30 Early Dismissal EVERY Wednesday 2:30		