



3740 Main Street  
 West St. Paul MB R4A 1A4  
 Phone: 204-339-1964  
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**Administrators**

Principal: **Bob McIntosh**  
 Vice Principal: **Angela Bubnowicz**

**PIZZA DAYS**

December 2  
 December 16



**Upcoming Events**

- \* "A Jazzy Little Christmas"  
 Dec 16 & 17 - 7:00 p.m.  
 (Doors open at 6:00 p.m.)
- \* Pancake Breakfast  
 Dec 18
- \* Winter Break  
 Dec 21 - Jan 1
- \* Classes Resume  
 Jan 4 - School Day 1
- \* Grade 4 Immunizations  
 Jan 11
- \* PAC Meeting  
 Jan 13 7:00 p.m.
- \* School PD—No School  
 Jan 22

# WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

## DECEMBER, 2015

**Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.**

**ADMINISTRATOR'S MESSAGE**

With the start of the festive season and our thoughts turning towards the act of giving we, ourselves, would like to recognize and thank a number of people for their latest contributions. September was the month of our Annual Terry Fox Run, which was strongly supported by our West St. Paul families. Every dollar raised plays a significant role in finding a cure for cancer in Terry's honour. The total amount raised this year was \$5700.00. A special thank goes out to the Darchuk family and their sons, Daniel and Brandt who have personally raised \$3700.00 in pledges over the past few years. Daniel, in Ms. Sharpe's class, raised over \$1100.00 this year towards this worthwhile cause.

In October families focussed on Thanksgiving celebrations. We too would like to extend a thank you to the Thomson family for their thoughtful and helpful donation to West St. Paul School. They supplied a number of lime green vests and tops, which can be worn by our Educational Assistants and teachers as they do outdoor duty. This gift is most welcome as these new vests are of superior quality to those in present use. The vests increase the visibility of our adults on the playground, which is instrumental in assisting students as they play during our activity breaks. This adds another layer to our plans to keep our children safe. Thank you!

Thank you to Mrs. Cobb for her expertise and work on restoring the school's huge aquarium. It is now a centre of fascination and curiosity as a variety of marine life is being added to this water ecosystem.

November saw us gathering, reflecting and being thankful as a school community for the sacrifices made and still being made by those giving of their lives for our freedom. The afternoon of November 10 was our Remembrance Day assembly where we welcomed a number of visitors as participants. These were Sapna and Darrell Hees of the West St. Paul parent community, Captain Ken Azaransky and Captain Kerry Eccles of the West St. Paul Fire Department, and a bagpiper and bugler from the Royal Canadian Air Force Band. In addition our Seven Oaks School Board trustee, Evelyn Myskiw was in attendance. Thank you to all staff and students who participated and/or assisted with the organization and running of the assembly.

Thank yous also are in order to students, teachers and parents for another successful round of conferences. It is heartwarming to witness the interaction between children and their caregivers as they excitedly share and demonstrate their learning. Many hours of planning have gone into preparing for these positive exchanges and children are proud of their accomplishments.

Sunday, November 15, 2015 was the PAC Annual Craft and Bake Sale. Success was due to the hard work of many of our parent community as folks baked, donated to silent auction, worked as volunteers and attended the sale. Members of PAC Craft sale committee should be proud of their efforts for a job well done.

As December approaches we would like you to mark your calendar with a few important dates. The school Christmas Concert will take place the evenings of Wednesday, December 16 and Thursday, December 17, 2015. Dress rehearsals will occur each respective afternoon. Community members are welcome to attend. Pancake breakfast plans are in the works for Friday, December 18, 2015.

Our **DECEMBER** newsletter is now available for viewing on our school website.  
 Please visit [www.7oaks.org/school/weststpaul/Pages](http://www.7oaks.org/school/weststpaul/Pages)

# WSP School's Partnership with Middlechurch Home

## HALLOWEEN FUN WITH MS YEO'S GRADE 2/3 CLASS



**Costume  
Parade**

**Spooky  
Bingo**



# WSP School's Partnership with Middlechurch Home **Sadie Hawkin's Day Festivities** with Ms Sharpe's Grade 5 Class

**On Friday, November 13, students from Ms Sharpe and Ms Kitson's Grade 5 class joined our friends at Middlechurch home for Sadie Hawkins Day.**



**Together they made corsages for their friends to wear at their Sadie Hawkins dance later that day.**



# Early Years Phys. Ed

## Remaining Event Dates:

**Team Handball**, Nov. 28, gr. 4+5

**Badminton**, March 23, gr. 4+5, 5:00-8:30

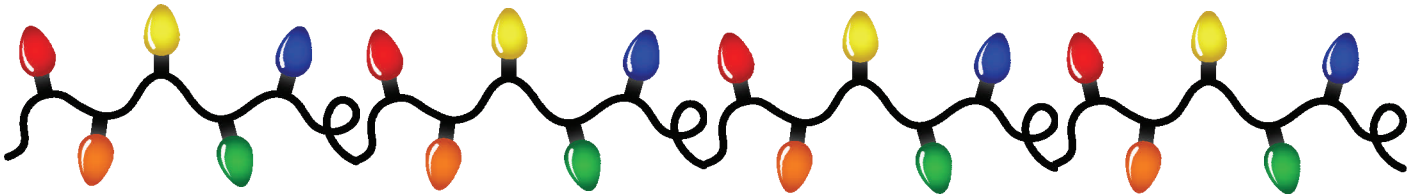
**Healthapalooza 5**, May 6, gr. K-8, 10:15-2:30

**Spring Cross Country**, May 9 (rain date May 13), gr. 3-5, Little Mountain Park, 11:30-2:30

**WSP School Track and Field Meet**, gr. 4+5, **new\*** May 18 (rain date May 20), at West Kildonan Collegiate

**7 Oaks Divisional Track and Field Meet**, gr. 4+5, **new\*** May 30 (rain date June 1), at West Kildonan Collegiate

Our fifth annual Healthapalooza event is May 6. H5 is a health and wellness day when students can participate in a variety of activities such as karate, yoga, board games, fitness training, art and dance. Our session instructors are various community members such as 7 Oaks teaching staff/students, parents, health organizations and local businesses. If you have knowledge and a passion for a wellness activity and would like to volunteer to lead a session, please let me know.



## ....from the Library

Another fantastic and fun Scholastic Book Fair was held in the library!! It was a great success!! Our draw winner was Hailey in Mrs. Walker's class! Congratulations Hailey! The proceeds from the fair will be used to purchase new books for the school! Thanks to everyone who came out!



Over the past few months we have collected a number of items in our lost and found bin. Please remind your children to look through the lost and found for items that have gone missing since September. Please ensure that you are labelling items such as gym clothes, hats, mitts, jackets, boots etc, with your child's name.

This helps us reunite the items with the rightful owner.

# From the Gym...

## MIDDLE YEARS PHYS. ED.

Approximately 50 Middle Years students participated in the volleyball program this fall. **THANK YOU** to all the coaches for their time and dedication to our athletes.



**Grade 6 Boys**  
Coach: Mr. Rogers



**Grade 7/8 Girls**  
Coach: Mr. Rogers



**Grade 6 Girls** Coach: Mr. Chin  
Assistant Coaches: Mr. Buchalter & Mr. Yackel



**Grade 7/8 Boys** Coaches: Mr. Zylstra and Mr. Mackay



**Divisional Girls** Coaches: Ms Gingera and Ms Etkin

# ZINES - Grade 7 Ms Jopka's Class

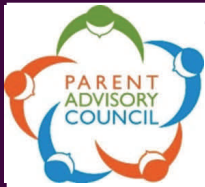


Being the artistic bunch that we are, our class ventured out to the University of Winnipeg on Friday, November 6<sup>th</sup>. We spent time in their art department learning to create things that we had never heard of before. We got to experience making ZINES. We cut out letters from magazines and pasted them on to each one of our unique pieces of art. Our class was split into two groups. One group used letters from magazines to spell



whatever words they wanted, while the other group listened to a poem and created a new title for it by using stamps. This field trip gave the class an opportunity to hang out with their classmates and let their creativity run wild.

## Parent Advisory Council



### Update from the PAC

We would like to say a personal thank you to Alexa for her donation towards the outdoor play space! We are very proud that our efforts have made the children so excited about their outdoor space.

We would also like to say a huge thank you to all the parents and volunteers that helped out with the Annual Craft and Bake Sale! This year we brought in just over \$7700! Thank you so much for all the time and effort that you guys and gals put in every year to make this happen.



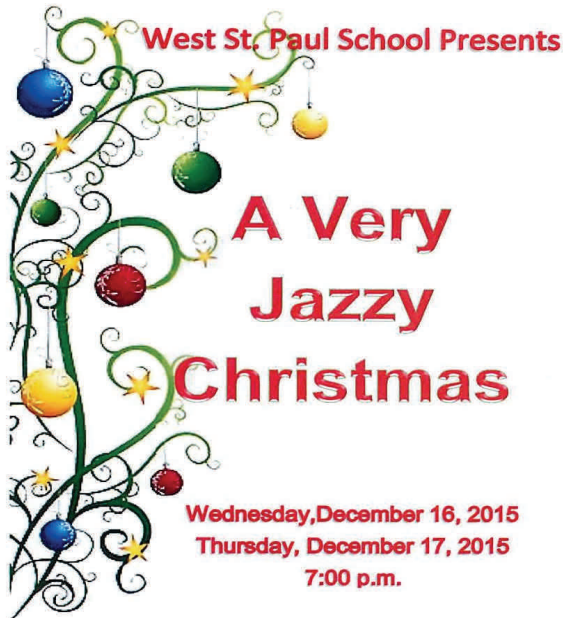
The Natural Play space Committee has a fundraiser running right now with Shelmerdine's for Christmas Poinsettias and door swags with all proceeds going towards the Natural Play space Phase 2.

Our next PAC Meeting will be Wednesday, January 13<sup>th</sup>, 2016 at 7pm. Child care is provided. We wish everyone a safe and happy holiday season.

# A VERY JAZZY CHRISTMAS

## MARK YOUR CALENDAR...

Wednesday, December 16th and Thursday, December 17th  
7:00 p.m. (Doors open at 6:00 p.m.)



### December 16th Line-up...

All Kindergarten Classes  
All Grade 1 Classes  
All Grade 2 Classes  
All Grade 3 Classes  
Grade 3 Tappers  
Grade 6 Band

### December 17th Line-up

All Grade 4 Classes  
All Grade 5 Classes  
Grade 4 Tappers  
Grade 7 and 8 Band

Dress rehearsals will be held in the afternoon on December 16th and 17th. Families are welcome to attend the rehearsals.

## DID YOU KNOW...

We would like to congratulate Logan Poloway in Ms Stockton's class who was the top participant in his age category in the Soccer Canada Skills competition across Canada. Logan placed first in both speed and accuracy with his soccer skills during this soccer challenge. Logan was recognized for this achievement by Soccer Canada earlier this month by being invited to Vancouver to be on the field with Team Canada during intermission at the FIFA Men's qualifying game being played against Honduras at BC Place. What a great accomplishment and honour for Logan.





Dear families,

For the eleventh year in row students and staff of our West St. Paul School community have committed to sponsoring families from the **Christmas Cheer Board** by providing hampers for families in need. Any extra items will be donated to Elwick's Village Resource Center; a program that provides families in need with supplement food goods. In previous years, our school community has gone above and beyond, providing families in need with a wonderfully stocked hamper to ensure their Christmas was a festive one. The outpouring of food items and gift donations has always gone a long way in providing 'extras' for our families to enjoy. This has been greatly appreciated, and indicative of the kindness and generosity of our school community. If students wish to bring in a small monetary donation to go towards the purchase of fresh produce, dairy products or the holiday turkey, we encourage them to earn this money by helping around the house, or assisting community members *known* to them and their family.

**Santa for seniors:**

In addition to preparing hampers for the Christmas Cheer Board, West St. Paul School is also working alongside Middlechurch Home to sponsor 'Santa for seniors.' If they choose, students and staff can make a monetary donation, which will be used to purchase gifts for residents of Middlechurch Home, who may not otherwise have a gift to open on Christmas morning. Families can donate at any of our holiday concerts, the pancake breakfast or give donations to classroom teachers. We realise that families are asked to contribute in many places over the holiday season and if you are already committed to other causes, we certainly understand. Many classrooms are also making holiday cards for residents of Middlechurch Home with seasonal greetings and well wishes for the New Year. As a School Community we wanted to thank you, our W.S.P. families for your continued support. Your contributions to the Christmas Cheer Board and to 'Santa for Seniors' has enabled our school community to continue giving to those in need.

Thank you.

West St. Paul School Students and Staff!



# FRIENDLY REMINDERS

**NO  
CELL  
PHONES**

Students are able to make phone calls with a permission note from their teacher during class time or during breaks. Cell phones should not be used for telephone calls or texting during school hours (8:00 a.m.-2:30 p.m.) Please be aware that students may not take photos of others on personal phones (or cameras) in the school, on the playground or on the buses.

**NO  
PARKING  
PLEASE**

When picking up or dropping off students during the school day, please be courteous and use parking stalls in

Visitor's Parking on the south-side of the parking lot facing the playground. Parking in front, facing the school, is not permitted as that area is reserved for school busses and service vehicles. We thank you for your consideration.

Before and after school parents are encouraged to use the "Stop, Drop and Go" area next to the gym wall on the south side of the school. Supervisors will receive your children and watch them walk to the back play area. Refer to the map provided.

**Remember to dress for the weather!!**

**Even though the temperature outside has dropped, we still expect students to enjoy some fresh air during break times. Unless the temperature combined with windchill reaches -27C, all students are expected to go outside. Please ensure your children are sent to school with proper winter clothing, including snow pants, hats, mitts and scarves.**

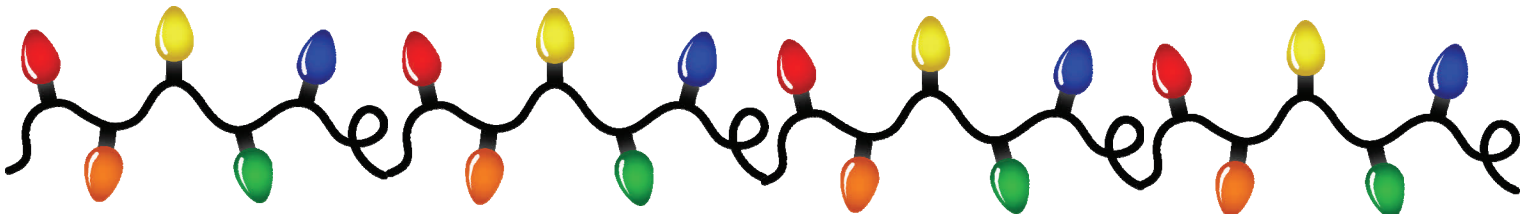


## ALLERGY ALERT



We are a  
**NUT AWARE**  
school!

We have students in our community who are highly allergic to nut products and oils. With the advent of the holiday season upon us, we would like to remind families that we are a nut-restricted school. When enjoying holiday treats, please be mindful of any items that are sent with your child as a snack or donation for hampers. Please consider nut-free alternatives.





# ...COMMUNITY NEWS



## City of Winnipeg Leisure Guide

The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Leisure Guide is published three times per year and is filled with fun and exciting activities for everyone.

For more information on leisure, sport and fitness activities, please pick up a copy of the Leisure Guide, call 311 or visit [Winnipeg.ca](http://Winnipeg.ca). Guides are available for pick up at civic indoor pools, libraries and leisure centres, and at a number of retail locations including Safeway, 7-Eleven and Mac's.

Registration for swimming lessons only will begin on December 15 at 8:00 am. Registration for all other activities will begin on December 16 at 8:00 am.

## City of Winnipeg Priceless Fun

Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun.

The fall edition of Priceless Fun, available in mid-December, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide.

Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres.

You can view the current edition of Priceless Fun online at: [Winnipeg.ca/cms/recreation/leisure/leisureguide.stm](http://Winnipeg.ca/cms/recreation/leisure/leisureguide.stm). Information about programs is also available by calling 311.



## KEYSTONE KIPS GYMNASTICS

### RECREATIONAL PROGRAMS

GIRLS & BOYS AGES 3 YEARS AND UP

Mini Kips Classes for 3 & 4 years old

New Session starts the week of January 4/16

### GIRLS COMPETITIVE PROGRAMS

REGIONAL & PROVINCIAL STREAM

**LOCATION: West St. Paul School ~ 3740 Main Street (north of the Perimeter)**

**FOR INFORMATION CALL: 204-694-8096**

**E-MAIL us at [keystonekips@mts.net](mailto:keystonekips@mts.net)**

**or visit our website at**

**[www.keystonekipsgymnastics.ca](http://www.keystonekipsgymnastics.ca)**



# PRESCHOOL FALL ACTIVITIES



## Our Grade 6 Buddies



## Infant Massage





## **HALLOWEEN ON HENDERSON**



## **FAMILY GAMES NIGHT**



## **MUSIC WITH SONJA**



## **WE LOVE CREATING**

# DECEMBER

## PARENT/CHILD PROGRAMS

WEST ST. PAUL COMMUNITY SCHOOL

Advancing Community Schools

Serina Shewchuk - Learning Support Teacher - Early Years

Cheryl Rajfur - Community Coordinator

204-339-1964

School Website: <http://www.7oaks.org/school/weststpaul>

5Sun	Mon	Tue	Wed	Thu	Fri	at
		1 <b>Parent/Child Rhymes &amp; More</b> 11:00 – 12:30 p.m. 0 – 5 years	2	3  Fit Kids healthy Kids 6:15 -7:15 p.m.	4	5
6	7 <b>Parent/Child Storytime</b> 11:00 – 12:30 p.m. 3 – 5 years	8 <b>Parent/Child Rhymes &amp; More</b> 1100 – 12:30 p.m. 0 – 5 years <b>Music with Sonja</b>	9	10 <b>Hans Kai</b> 9:15 – 11:15 a.m.  Fit Kids healthy Kids 6:15-7:15	11	12 
13 	14	15	16 <b>Help Children who don't yet speak have conversations. Say back to them with words what they are telling you with sounds and actions.</b>	17	18  <b>Please join us for WSP School's Pancake Breakfast</b> 9:00 a.m.	19
20	21 <b>Chatting is OK! Have conversations with children while they are engaged in an activity. The more they practice talking the better they get.</b>	22	23	24	25	26
27	28	29	30	31		

# Happy Holidays

West St. Paul School Website: <http://www.7oaks.org/school/weststpaul/Pages>

2015



# JANUARY

## PARENT/CHILD PROGRAMS

WEST ST. PAUL COMMUNITY SCHOOL







Advancing Community Schools

Serina Shewchuk - Learning Support Teacher - Early Years

Cheryl Rajfur - Community Coordinator

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>Happy New Year</b>	2 
3	4 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	5 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	6 Imitate an infant's babbling sounds and actions. Those conversations kickstart language development.	7	8 Family Games Night 6 -7:30 p.m. Please register	9
10	11 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	12 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	13  PAC 7pm Free Childcare	14  Hans Kai 9:15 – 11:15	15  Parent/Child Let's Play Drop In 11:00 – 12:30 p.m. 0-5 years	16 
17 	18 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	19 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	20 Turns questions into comments. Say "that's a big tower instead of what did you make". Children talk more when you balance questions with comments.	21	22	23 
24	25 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	26 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	28	29	30 Parent/Child Let's Play Drop In 11:00 – 12:30 p.m. 0-5 years	31



2016

# DECEMBER, 2015

WEST ST. PAUL SCHOOL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 – Day 5	2 – Day 6 <b>PIZZA DAY</b>	3 – Day 1	4 – Day 2 Rm.44 Swimming Gr. 1 Skating Poinsettia orders due	5
6	7 – Day 3 Gr. 1 Skating	8 – Day 4	9 – Day 5	10 – Day 6 HANS KAI 9-11:30 A.M.	11 – Day 1 Rm.44 Swimming	12
13	14 – Day 2 Gr. 1 Skating	15 – Day 3	16 – Day 4 <b>PIZZA DAY</b> “ A VERY JAZZY CHRISTMAS” 7:00 p.m. Doors open at 6:00 p.m. Pick up Poinsettia orders	17 – Day 5	18 – Day 6 PANCAKE BREAKFAST	19
20	21 WINTER BREAK BEGINS	22	23	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26
27	28	29	30	31 NEW YEAR'S EVE	JANUARY 1 NEW YEAR'S DAY WINTER BREAK ENDS	2

## IMPORTANT DATES AT A GLANCE:

Dec. 16	A Very Jazzy Christmas Concert 7:00 p.m. All K-Gr. 3 students, Gr. 3 Tappers, Gr. 6 Band
Dec. 17	A Very Jazzy Christmas Concert 7:00 p.m. All Gr. 4-5 students, Gr. 4 Tappers, Gr 7/8 Band
Dec. 18	West St. Paul Annual Pancake Breakfast
Dec. 18	Last day of classes before Winter Break
Dec. 21 – Jan. 1	Winter Break – Classes resume Monday, January 4, 2016
Jan. 4, 2016	Classes Resume – School Day 1
Jan. 11	Grade 4 Immunizations
Jan. 13	PAC Meeting 7:00 p.m. Free childcare will be provided.
Jan. 22	School PD – No School
Feb. 5	PD Day – No School
Feb. 9	PAC Meeting 7:00 p.m. Free childcare will be provided.
Feb. 11	Middle Years Winter Activity Day – Harbourview
Feb. 12	Middle Years Winter Activity Day – Gateway Community Centre
Feb. 15	Louis Riel Day – No School



