



3740 Main Street
 West St. Paul MB R4A 1A4
 Phone: 204-339-1964
 Fax: 204-339-7204

Administrators

Principal: Bob McIntosh
 Vice Principal: Angela Bubnowicz

PIZZA DAYS

Jan 13
 Jan 27
 Feb 13
 Feb 24
 March 9
 March 23



Upcoming Events

- JAN 4--CLASSES RESUME DAY 1
- JAN 11- GR. 4 IMMUNIZATIONS
12:45 P.M.
- JAN 22- SCHOOL PD--
NO CLASSES
- FEB 5--PD DAY--NO CLASSES
- FEB 11-12- AESSIPI SKI TRIP
- FEB 11- MY WINTER ACTIVITY
DAY--HARVOURVIEW
- FEB 12- MY WINTER ACTIVITY
DAY- GATEWAY REC CTR.
- FEB 15--LOUIS RIEL DAY--
NO CLASSES
- FEB 17- KINDERGARTEN
INFORMATION NIGHT
- MAR 18- PARENT/TEACHER
CONFERENCES-
NO SCHOOL

WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

JANUARY, 2016

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

ADMINISTRATORS' MESSAGE

The Tradition of the New Year

One of the *Shoe* comic strips had an interesting way to look at what has become a custom and tradition for some folks. With the dawn of the New Year people often make New Year's resolutions. In this particular comic, Shoe was asked how he was coming along with his resolutions. He replied that he had broken them all *already* because he knew that he would not be able to hold them for any length of time!

We are not sure what you may have settled on for your list of resolutions, but as a school community rather than making resolutions we do set plans and make goals. In our case we actually write a formal document, which is titled **The 2015-2016 West St. Paul School Plan**. When we review what has been accomplished and what goals to continue to focus upon, we are pleased to report that we have been working together as a community to concentrate on the ESD (Education for Sustainable Development) goal of planting trees to improve our ecological foot print.

Most recently, our children from Ms. Greening's grade three classroom were invited to attend the December 17 news release at the Manitoba Legislative Building where Premier Greg Selinger announced the *Trees for Tomorrow Initiative*. Avery and Karys spoke about why trees are so important in combating global warming and what benefits we see from planting new trees. For more information on this initiative visit: <http://news.gov.mb.ca/news/index.html?archive=&item=37090>





More from our day at the Legislative Building celebrating the “Trees for Tomorrow Initiative” on December 17.



From the Gym...

MIDDLE YEARS PHYS. ED.

Middle Years Basketball: Basketball is underway. Games are as follows:

Gr.6 Boys

Jan. 11 @ ESOMS

Jan. 18 @ WSP

Jan. 25 @ WSP

Feb. 1 @ WSP

Feb. 8 @ WSP



Girls WSP School Team (Gr. 6/7/8)

Jan. 14 @ WSP

Jan. 21 @ OVJ

Feb. 4 @ WSP

Feb. 11 @ WSP

Feb. 18 @ ELW



***Divisional Girls and Divisional Boys games are played back to back, Girls play 1st at 4:00 p.m. , then the Boys play immediately after the Girls games.**

Divisional Girls

Jan. 13 @ ESOMS

Jan. 27 @ WSP

Feb. 10 @ OVJ

Feb. 17 @WSP

Mar. 2 @WSP

Divisional Boys

Jan. 13 @ ESOMS

Jan. 27 @ WSP

Feb. 10 @ OVJ

Feb. 17 @WSP

Mar. 2 @WSP

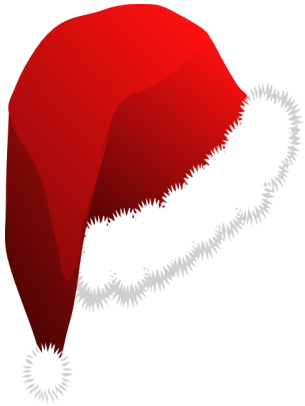
Coaches will be sending further details home with students shortly.



From the Office...

If your child will be away from school for any reason, including no buses running due to the weather, please contact the office at 204-339-1964. Please leave a message with our secretaries, Joanna Clowater or Cindy Pasternak. If you call outside of regular school hours, please leave a message on the school voice mail.

West St. Paul Supports Be A Santa to a Senior!



Thanks to the generous support of WSP families and staff, we were able to raise \$635 for the residents at Middlechurch Home! This money was used to buy gifts for residents at the home who might not otherwise receive a gift. The money was presented to Bev McCallum of the Middlechurch Home on the morning of our pancake breakfast. She was extremely touched and grateful for the generous donations and beautiful cards and letters made by the students of the school. What a beautiful partnership between members of the community, thanks so much!

Remember to dress for the weather!!

Even though the temperature outside has dropped, we still expect students to enjoy some fresh air during break times. Unless the temperature combined with windchill reaches -27°C , all students are expected to go outside.

Please ensure your children are sent to school with proper winter clothing, including snow pants, hats, mitts and scarves.



ALLERGY ALERT

We have students in our community who are highly allergic to nut products and oils. We would like to remind families that we are a nut-aware school. Please be mindful of any items that are sent with your child as a snack. Please consider nut-free alternatives.



Reminder of School Bus Cancellation Policy



If combined temperature and wind chill is -45°C or colder at The Forks at 6:00 a.m. buses will not run for the entire day. Please remember to contact the school office if you are unable to get your child to school in the event of bus cancellation.

WSP SCHOOL'S PARTNERSHIP WITH MIDDLECHURCH HOME

Students from Ms. Sharpe's grade 5 class played a math-dice game with their friends from Middlechurch Home. Together, they also made water-colour snowflakes.



WEST ST. PAUL PANCAKE BREAKFAST



Lots of yummy food...

Celebrating with great friends...



A fun time had by all...



Thank you to all who came out and made this event a great success!

Tap Club Spreads Holiday Cheer



Tap Club Spreads Holiday Cheer!
In December the Tap Club visited the residents of both Fred Douglas Lodge and Luther Home to share their tap dance, sing carols, and distribute holiday cards. Students also spent time mingling with the residents and learning a little bit about the interesting lives many have led.



FAMILY GAMES NIGHT

West St. Paul School is pleased to announce our newest community initiative. Once a month families are invited to come together for "Family Games Night". This will be a screen free evening, interacting with each other and other families.

Let's get together to continue to build family relationships, patience, teamwork, strategies, problem solving and other life skills, while having a great time.



IF YOU ARE PLANNING ON ATTENDING, PLEASE REGISTER AS SPACE IS LIMITED.

The first games night will be Friday, January 8th from 6 p.m. - 7:30 p.m. upstairs in room 41.

For more information or to register call Cheryl Rajfur at 204-339-1964 or email cheryl.rajfur@7oaks.org



PARENT ADVISORY COUNCIL

NEXT MEETING IS ON WEDNESDAY,
JANUARY 13 AT 7 p.m.

FREE CHILD CARE WILL BE
PROVIDED.

WE LOOK FORWARD TO SEEING YOU
THERE!!

Positive Discipline

What it is and how to do it



We all know that parenting is a most rewarding, but challenging experience. Often we are presented with situations or behaviors in our children that leave us feeling confused, frustrated and unsure of how to respond.

Positive Discipline is an approach to parenting that teaches children and guides their behavior, based in research on children's healthy development and effective parenting.

Positive Discipline is not permissive parenting and is not about punishment. It is about long-term solutions that develop children's own self-discipline and their life long skills. Positive discipline is about teaching non-violence, empathy, self-respect, human rights and respect for others.

The 7-Oaks School Division will be offering a seminar on Positive Discipline starting in Feb, 2016. The sessions will start on Wednesday, February 24th in the afternoon from 1:00 pm to 3:00 pm and will be an 8 week program. Childcare is available. The program will take place at the Ben Zaidman Educational Resource Centre (BZERC) at 375 Jefferson Avenue.

Registration forms will be sent home end of January, 2016. For more information please contact the Community Coordinator at your school. We look forward to sharing information, ideas and experiences in these fun and informative parent seminars.

For more information please contact:

Marielle Meades

marielle.meades@7oaks.org

204-633-8870



**2ND ANNUAL LEARN LACROSSE
AT DUNCAN ARENA
FEBRUARY 6 - MARCH 26
SATURDAYS 11:30 AM - 12:30 PM
INDOOR, NON CONTACT, STICKS PROVIDED
REGISTRATION IS FREE BUT SPACE IS LIMITED
FOR MORE INFO OR TO REGISTER NOW
EMAIL: nwfalconslax@gmail.com**



JANUARY

PARENT/CHILD PROGRAMS

WEST ST. PAUL COMMUNITY SCHOOL

Advancing Community Schools

Serina Shewchuk - Learning Support Teacher - Early Years

Cheryl Rajfur - Community Coordinator

204-339-1964

School Website: <http://www.7oaks.org/school/weststpaul>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Happy New Year	2 
3	4 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	5 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	6 Imitate an infant's babbling sounds and actions. Those conversations kickstart language development	7	8 Family Games Night 6 -7:30 p.m. Please register	9 
10	11 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	12 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	13 PAC 7pm Free Childcare	14 Hans Kai 9:15 – 11:15	15	16 
17 	18 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	19 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	20 Turn questions into comments. Say "that's a big tower instead of what did you make". Children talk more when you balance questions with comments.	21	22 Parent child Gym Program Sunova Centre 9:30 – 10:30 2 – 5 years	23 
24	25 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	26 Parent/Child Rhymes & More 11:00 – 12:30 p.m. 0 – 5 years	27	28	29 Parent/child Let's Play Drop In 11:00 – 12:30 p.m. 0-5 yrs.	30



2016

February

PARENT/CHILD PROGRAMS

WEST ST. PAUL COMMUNITY SCHOOL

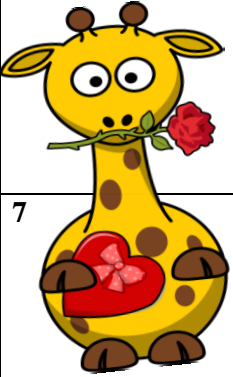





Advancing Community Schools

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	2 Parent/Child Skate/Gym at Sunova Centre 10:00 – 11:00 a.m. 0 – 5 years	3	4	5	6 
7 	8 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years	9 Parent/Child Skate/Gym at Sunova Centre 10:00 – 11:00 a.m. 0 – 5 years PAC 7 pm Free Childcare	10	11 Hans Kai 9:15 – 11:00 a.m.	12 Games Night 6:00 – 7:30 p.m. Please register	13
14 HAPPY VALENTINES DAY	15 LOUIS RIEL DAY NO SCHOOL	16 NO CLASS	17	18	19	20
21	22 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years Music with Sonja	23 Parent/Child Skate/Gym at Sunova Centre 10:00 – 11:00 a.m. 0 – 5 years	24	25	26 Parent/Child Let's Play Drop In 11:00 – 12:30 p.m. 0-5 years	27 
28 	29 Parent/Child Storytime 11:00 – 12:30 p.m. 3 – 5 years					

2016

JANUARY, 2016

WEST ST. PAUL SCHOOL

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	WINTER BREAK					1	2
3	4 – Day 1 CLASSES RESUME	5 – Day 2	6 – Day 3	7 – Day 4	8 – Day 5 Family Games Night 6-7:30 p.m. Contact Cheryl Rajfur to register.	9	
10	11 – Day 6 Gr 4 Immunizations	12 – Day 1	13 – Day 2 PIZZA DAY PAC Meeting 7:00 p.m. Free Child Care Provided	14 – Day 3 Hans Kai 9-11:30 a.m.	15 – Day 4 Band Solo and Ensemble Festival	16	
17	18 – Day 5	19 – Day 6	20 – Day 1	21 – Day 2	22 – Day 3 PD DAY NO SCHOOL	23	
24 31	25 – Day 4	26 – Day 5	27 – Day 6 PIZZA DAY	28 – Day 1	29 – Day 2	30	

IMPORTANT DATES AT A GLANCE...

Jan. 4	Classes resume, Day 1 on the school cycle
Jan. 11	Grade 4 Immunizations 12:45 p.m.
Jan. 13	Parent Council Meeting 7:00 p.m. Free childcare will be provided.
Jan. 22	School P.D. – No classes
Feb. 5	P.D. Day – No classes
Feb. 9	Parent Council Meeting 7:00 p.m. Free childcare will be provided.
Feb. 11-12	Asessippi Ski Trip
Feb. 11	Middle Years Winter Activities – Harbourview
Feb. 12	Middle Years Winter Activities – Gateway Recreation Centre
Feb. 15	Louis Riel Day – No Classes
Feb. 16-19	Optimist Band Festival
Feb. 17	Kindergarten Information Night – watch the website for times and details
Mar. 9	Parent Council Meeting 7 p.m. Free childcare will be provided.

