



Phys. Ed. News

West St. Paul School

VOLLEYBALL TOURNAMENTS A GREAT SUCCESS...

This year West St. Paul hosted two of Manitoba's largest grade 8 volleyball tournaments. We had 24 teams compete with approximately 280 students participating in the events.

Jamie Gilbert—Middle Years Phys. Ed.



Out of Gym Physical Education

This year for out of gym phys ed we have been taking classes swimming to the 7 Oaks Pool. We run structured classes in the shallow end of the pool giving the students opportunities to be active in the water. Later in the year we will be taking classes to the West St. Paul Curling Club where we will be introducing students to the sport of curling. We are also taking students to Bird's Hill Provincial Park where students will be snow shoeing and also getting to experience geo-caching.

