



# WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

## APRIL, 2013

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

### PIZZA DAYS

April 10

April 24

May 8

May 22

June 5



### HOT LUNCH

April 3

April 17

May 1

May 15

### Upcoming Events

- PAC Meeting  
April 9 - 7 p.m.
- Day of Pink April 10
- PD Day - NO SCHOOL  
April 19
- Kindergarten Open House  
April 23 - 6:15-7:15 p.m.
- PD Day - NO SCHOOL  
May 6
- PAC AGM  
May 14 - 7:00 p.m.

Every day there is a news article about bullying, Bill 18 or human rights violations. These news articles, radio reports and TV segments provide students and staff with a lot of material for discussion in classrooms about what bullying is, how they can stop it, how it affects them and what all those things feel like. It is something we talk about every single day at school.

We use our school beliefs as a constant reminder to children in how to treat each other. Was the way you spoke to your friend a way to take care of them? Does pushing and shoving show that you are taking care of another student? How do you present yourself and solve a problem or conflict with someone? In addition to those ways of talking, we are participating in a study from the University of North Dakota about cyber-bullying. (middle years students). This study asks students to think about their own on-line behaviour and others they know, how they interact with their technology and give them strategies and things to think about as they text, are on Facebook and on the Internet.

We have many, many books in our classrooms and our libraries that support students learning about bully behaviour, either theirs, or others. We have recently added twenty five new titles to our Library that are for students, teachers and families to understand and respond appropriately to this issue. These books were purchased with funds given to us for Teacher Appreciation Week by the Seven Oaks School Division. The theme of these books is building Safe and Caring Schools. We all want every child to feel safe and secure when they are at school. We work hard at that every day.

This coming Wednesday, April 10, students and staff of West St. Paul School will be participating in the Canadian Red Cross Day of Pink. This is an initiative that provides students, staff and the larger community with the opportunity to discuss the impact of bullying and to learn how they can use their power to help create a safe and respectful school environment. Students, staff and community members are encouraged to wear pink shirts in solidarity to show that they are taking a stand against bullying.

The Day of Pink started in 2007 when two high school students in Nova Scotia took a stand against bullying in their school. The students asked all of their peers to wear pink to school after they heard a male classmate had been bullied for wearing a pink shirt. To continue the momentum, the Canadian Red Cross Day of Pink campaign brings together schools and communities to wear the shirt and stand together against bullying.

Let's continue to work at making our school and community a safe place for all. On Wednesday, show your support by wearing PINK!

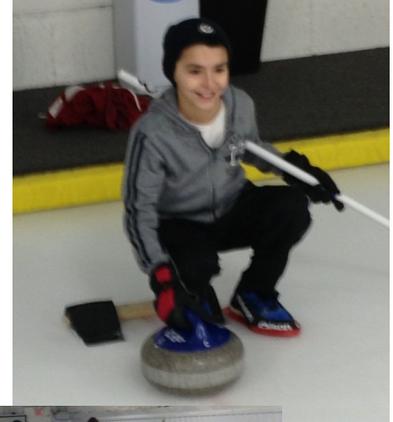


Our APRIL newsletter is now available for viewing on our school website.  
Please visit [www.7oaks.org/school/weststpaul/Pages](http://www.7oaks.org/school/weststpaul/Pages)

# PARENT ADVISORY COUNCIL

Please join us on  
**Tuesday, April 9, 2013 at 7:00 p.m.**  
AGM on Tuesday, May 14, 2013 at 7:00 p.m.  
Free childcare will be provided.

## **TAS - CURLING**



## **FROM THE GYM...**

### **MIDDLE YEARS BADMINTON**

Middle Years badminton is in full swing. Games will be played from 4:00-6:00 p.m. Bussing will be provided to host schools, but parents will be required to pick up their students.

#### **Grade 6**

April 8 at West St. Paul  
April 15 at West St. Paul  
April 22 at West St. Paul

#### **Grade 7 - Singles**

April 3 at AE Wright  
April 10 at HC Avery  
April 17 at Leila North

#### **Grade 8 - Singles**

April 3 at Edmund Partridge  
April 10 at OV Jewitt  
April 17 at HC Avery

#### **Grade 7 - Doubles**

April 2 at OV Jewitt  
April 9 at West St. Paul  
April 16 at ESOMS

#### **Grade 8 - Doubles**

April 4 at Edmund Partridge  
April 11 at West St. Paul  
April 18 at West St. Paul



Grade 8 Divisional Tournament will be held on April 25th at West Kildonan Collegiate from 10:00 a.m. to 2:00 p.m.

# Freeze Frame Festival



On November 5th 2012, Ms.Sharpe's class did Freeze Frame videos. We worked with clay to make stop animation videos in French. In February, we (Simran, Isabella, Kia, Alexa, and Payton) got an email from Ms.Sharpe. The email said that we were finalists in the Freeze Frame annual video contest. Ms.Sharpe didn't even know that she entered us! We all thought that the lady that did it with us entered us. It was in Saint Boniface. Simran was the first person there, then Payton, then Alexa, then Kia, but Isabella couldn't come. Every school there was French or French immersion; we were the only full English school. Our video was about platypuses and turtles in a soccer game. Our favourite video was "Mad Science".

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## Parent Advisory Council

The Parent Advisory Council is a great way to learn more about what's happening in the school.

This year, a hot topic was school safety in the aftermath of the school shooting in Connecticut. We invited the RCMP to come and help us understand what services are available and how they would respond if there was to be a school incident. Other topics we have covered have been talking about bullying, Bill 18, head lice, school growth and other topics that parents are concerned about.

Some people have been asking us what we have been doing with all the fundraising money over the last few years. We are very proud of all the things we have been supporting at the school. Over the last three years, we have been helping the school with the purchase of SMARTBOARDS for every classroom. We continue to provide the Red Cross Babysitting Course for every Middle Years student. Our fundraising also has helped to beautify the playground with trees and provided outdoor play equipment for all students. We have also purchased Board games and lego type activities for indoor recess time.

Our May meeting will be the Annual General Meeting of the West St. Paul Parent Advisory Committee. It will be the time when we will elect new members to the executive. We have some positions open for other parents to fill. If you would like more information, or are interested in taking on a job within the council, please contact Elana Spence: [elana@spencedistributors.com](mailto:elana@spencedistributors.com) or phone 204-663-8455.

Our next meeting is on Tuesday, April 9 at 7 p.m. Babysitting is provided by the Parent Council. All parents are always welcome.

# From the LIBRARY...

BIG big thanks to the West St Paul school staff, students, their families and the book fair volunteers for a fantastic second book fair! We made \$3800 and the commission went to books for the classrooms, the library and the two new classrooms coming in this fall. There were two draws made for the \$50 in books and the winners were Katie H. in Mrs. Arjoon's class and Brianna R. in Miss Greening's class. Both students and both teachers picked out \$25 in books. The students kept theirs and the teachers will add theirs to their classroom libraries! Congratulations!!

I Love To Read Month was a great success and a lot of fun! Guest readers included Jeremy Muise, Edie Wilde, Bruce Henley, Susan Rocan, Evelyn Myskiw, Pamela Roz, Niigaan Sinclair, David Robertson, Lydia Hedrich, Ron Schuler, Marcy Markusa, Althea Guiboche, Rena Jae & Phil Aubrey.

Winners of the e-readers were Meagan Balgobin and Chloe Oleksiuk. Congratulations girls!

Judging from the length of our book worm, students read a LOT of books! They also participated in fun activities within their classrooms and many made gorgeous posters that went up around the school to advertise I Love To Read month! Thanks everyone for all your hard work and your beautiful artwork!

Students will be voting for their favourite MYRCA book after spring break! 18 titles were picked by the Manitoba Young Readers Choice Awards committee and West St Paul students have been reading them like crazy! Ms. Mathis will be accepting voting ballots the week students return from spring break.

Ms. Mathis will be working over Spring Break cataloguing the new titles picked up at the book fair and purchased from other suppliers. She will try and catalogue as many new titles as she can so students can look forward to seeing what's new when they come back to school.

I would like to thank everyone for the lovely birthday wishes and cards on my birthday!! I had to find a box to put all my cards in when I went home at the end of the day. It truly was an extra special day!!

Happy Easter everyone! Have a safe and wonderful spring break!

Heather Mathis  
Library Technician



Chloe O. & Meagan B. with their new e-readers.

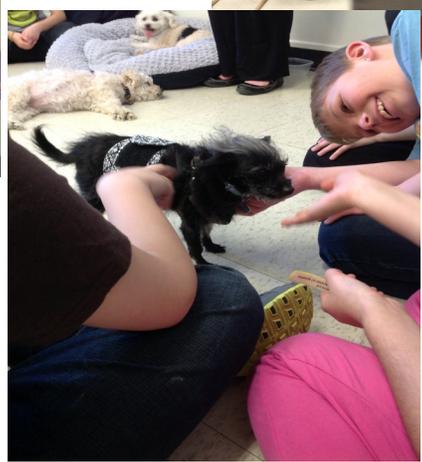


Rena & Philly from Power 97



# HEALTH-A-PALOOZA II

Our Health-a-Palooza II health promotion event on March 21 was a big success! Our students had a blast participating in a variety of sessions such as Zumba Fitness, Yoga, African Drumming, Weight/Strength Training, Drama, First Aid and Juggling. The Art Mural created in the Art session is proudly displayed in the case across from the elevator. Session presenters were from various community groups... West Kildonan Collegiate students, WSP School & 7 Oaks School Division staff, U of M Bisons athletes, Heart & Stroke Foundation, and other profit and non-profit organizations. A huge thank you is extended to all of our presenters! We are especially grateful for our parents who volunteered to share their expertise and skills with our students. Our parent presenters were Mrs. Oliver (cooking/nutrition), Ms Tower (photography) and Dr. Appendino (triathlon).





West Kildonan students leading drama games during Health-a-Palooza.

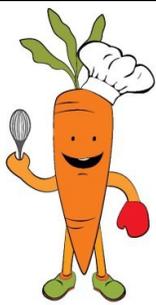
Making spinach and blueberry smoothies.



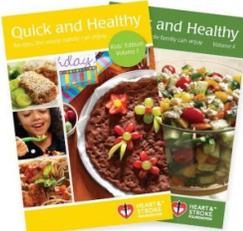
## EARLY YEARS PHYS.ED

The remaining Early Years phys. Ed. events are:

- May 8 (May 10 rain date) - Grades 3-5 - Spring Cross Country at Little Mountain Park
- May 17 (no rain date) - Grades 4-5 - WSP Track & Field at West Kildonan Collegiate
- June 4 (June 6 rain date) - Some Grade 4-5 - Seven Oaks Divisional Track & Field at West Kildonan Collegiate



Grab your kids and get cookin' the quick and healthy way!



Call 204.949.2000 or toll-free 1.888.473.4636 for your copy of our Quick and Healthy Cookbooks.

Cookbooks produced in partnership with



Enter our Nutrition Month contest at [www.heartandstroke.mb.ca/quickandhealthy](http://www.heartandstroke.mb.ca/quickandhealthy) for your chance to win a Safeway gift basket!



The Heart & Stroke Foundation has published a resource entitled "Quick and Healthy Cookbook – Kids' Edition". This useful cookbook can be obtained free of charge by calling (204) 949-200 or toll-free 1-888-473-4636. You can also download the pdf from the following link: [http://www.heartandstroke.mb.ca/site/c.lgLSIVoyGpF/b.3759587/k.1CDF/Quick\\_Healthy\\_Cookbook\\_and\\_featured\\_recipe\\_s.htm](http://www.heartandstroke.mb.ca/site/c.lgLSIVoyGpF/b.3759587/k.1CDF/Quick_Healthy_Cookbook_and_featured_recipe_s.htm)

## Room 44's Everest Adventure!



On March 20<sup>th</sup> student teacher, Brittany Scobie, presented her cooperating teacher, Mrs. Arjoon, and their Grade Five class with a very exciting opportunity...the chance to meet, spend time with and follow the journey of a friend who is climbing Mount Everest!

Sean Mooney, former Winnipegger, Cornell University graduate and associate in the commodities division at Goldman Sachs in London, England stopped by Room 44 to talk to students about his upcoming adventure of a lifetime, an eleven week pursuit of the greatest mountain in the world!

Sean's attempt to reach the summit is in support of "Right to Play", a charity dedicated to raising funds and awareness through sports in order to enrich the lives of children who live in disadvantaged and impoverished areas of the world.

Mrs. Arjoon's class will be following Sean on his journey through the social networking site, Twitter where he will tweet his experiences and pictures to the world and personally to their class!! Sean will return once again to visit sharing his stories and pictures upon his homecoming in June. Sean's journey begins March 30 and continues until June 3.



For more details on Sean Mooney's climb, the "Right to Play" charity and how to donate, go to:  
[righttoplay.com/seanmooneyeverest](http://righttoplay.com/seanmooneyeverest)

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## UNESCO

As a part of our UNESCO schools initiative, students prepared, planned and held a family movie night in January. It was a great family evening. Thanks to all who attended. Funds collected from the movie night were donated to the Winnipeg Humane Society. IAMS (a pet food producer) matched the funds that the students raised. The total donation from students at West St. Paul School was \$1200.00

On Sunday, March 17th a group of students representing our school attended a fundraising function at the Winnipeg Humane Society to make the donation in person. They were featured on a television segment and were interviewed to tell their story. The picture on the left was taken during the interview. Students in attendance were (l. to r.) Meaghan, Aurora, Valley, Miranda, Nyah, Gabby, Mia, Connor, Anna and Janae. Teachers in attendance were Mr. Rempel, Miss Yeo and Miss Schur.

Thank you to everyone for your participation in making this event such as success.





# PARENT/CHILD PRESCHOOL PROGRAM

## Wee be Jammin



Riverbend and West St. Paul Advancing Community schools invite families with children 2 - 6 yrs. old to come "jam" with us. Pat Schur, former music teacher and Sonya from Wee Be Jammin will be sharing the gift of music with families through movement, active participation and hands-on opportunities with various instruments.

Please join us Thursday evenings, 6:00 - 7:00 p.m. at West St. Paul School, April 25, May 2, 9, and 16, 2013. Space is limited to 15 children. Please register early to avoid disappointment.

Call Cheryl at 339-1964 or Colleen at 226-3228.

Parent \_\_\_\_\_ Child \_\_\_\_\_

Email \_\_\_\_\_ Phone number \_\_\_\_\_



### West St. Paul Nursery School 2013-2014 Registration

**Tuesday, April 2, 2013**

**West St. Paul Recreation Centre (Sunova Centre)  
48 Holland Road**

West St. Paul residents can register from 6:00 p.m. - 7:00 p.m.  
City residents can register from 7:00 p.m. - 8:00 p.m.

For more information call Sheri at 204-334-9669.

3740 Main Street  
West St. Paul MB R4A 1A4  
Phone: 204-339-1964  
Fax: 204-339-7204

Administrators

Principal:  
Vice Principal:

Cathy Horbas  
David Ingram



# APRIL, 2013

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1</b> – Day 1	<b>2</b> – Day 2 Gr.7 Doubles Badminton at OVJ (4-6 p.m.)	<b>3</b> – Day 3 Bus Evacuation Gr.7 Singles Badminton at AEW Gr. 8 Singles Badminton at EP (4-6 p.m.)	<b>4</b> – Day 4 Kindergarten Parent Info Evening – 6:15 p.m. Gr.8 Doubles Badminton at EP (4-6 p.m.)	<b>5</b> – Day 5	<b>6</b>
<b>7</b>	<b>8</b> – Day 6 Gr.6 Badminton at WSP (4-6 p.m.)	<b>9</b> – Day 1 <b>SPRING PHOTOS</b> Gr.7 Doubles Badminton at WSP (4-6 p.m.) PAC Meeting 7:00 p.m. Free childcare.	<b>10</b> – Day 2 <b>PIZZA DAY</b> Gr.7 Singles Badminton at HCA Gr. 8 Singles Badminton at OVJ (4-6 p.m.)	<b>11</b> – Day 3 Hans Kai 9:15-11:15 Library Gr.8 Doubles Badminton at WSP (4-6 p.m.)	<b>12</b> – Day 4 Level I Band Festival	<b>13</b>
<b>14</b>	<b>15</b> – Day 5 Gr.6 Badminton at WSP (4-6 p.m.)	<b>16</b> – Day 6 Gr.7 Doubles Badminton at ESOMS (4-6 p.m.)	<b>17</b> – Day 1 <b>HOT LUNCH</b> Gr.7 Singles Badminton at LN Gr.8 Singles Badminton at HCA (4-6 p.m.)	<b>18</b> – Day 2 Gr.8 Doubles Badminton at WSP (4-6 p.m.)	<b>19</b> – Day 3 <b>PD DAY</b> <b>NO SCHOOL</b>	<b>20</b>
<b>21</b>	<b>22</b> – Day 4 Gr.6 Badminton at WSP (4-6 p.m.)	<b>23</b> – Day 5 Kindergarten Open House – 6:15 p.m.  Gr.7 Doubles Badminton at TBA	<b>24</b> – Day 6 <b>PIZZA DAY</b>	<b>25</b> – Day 1 Gr.8 Badminton Final Tournament at WKC (10-2)	<b>26</b> – Day 2	<b>27</b>
<b>28</b>	<b>29</b> – Day 3	<b>30</b> – Day 4				

## 2012-2013 IMPORTANT DATES AT A GLANCE...

April 4	Kindergarten Parent Information Evening – 6:15 p.m.
April 9	Lifetouch Spring Photos
April 9	PAC Meeting – 7:00 p.m. (Free childcare provided.)
Apr 19	Professional Development Day – <b>NO SCHOOL</b>
April 23	Kindergarten Open House – 6:15 p.m.
May 6	Professional Development Day – <b>NO SCHOOL</b>
May 20	Victoria Day – <b>NO SCHOOL</b>
June 24	Professional Development Day – <b>NO SCHOOL</b>
June 28	Last Day of Classes – EARLY DISMISSAL

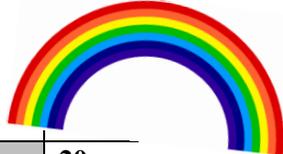
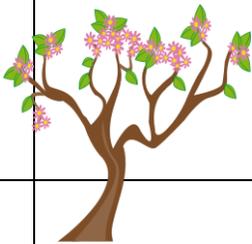
The April newsletter is now available for viewing on our school website. Please note, dates and events are subject to change. During the year, other professional development days and special events will be planned. Monthly newsletters will provide updates and the information will be posted on our school website. Please visit our website frequently for updates: [www.7oaks.org/school/weststpaul/Pages](http://www.7oaks.org/school/weststpaul/Pages)



# APRIL

## WEST ST. PAUL COMMUNITY SCHOOL

Advancing Community Schools  
 Joey Robertson - Learning Support Teacher - Early Years  
 Cheryl Rajfur - Community Coordinator  
 204-339-1964

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<b>1</b> Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	<b>2</b> Dad's Program 6:15-7:00 p.m.	<b>3</b> Mothers & Daughters In Touch 6:00 – 8:00 p.m. James Nisbet School 70 Doubleday Dr.	<b>4</b> KINDERGARTEN PARENT INFO EVENING 6:15-7:15 p.m.	<b>5</b> Parent/Child Stay 'n' Play 9:15 – 10:45 a.m. 0 – 5 years	<b>6</b>	
<b>7</b> 	<b>8</b> Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	<b>9</b> Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years  Dad's Program 6:15-7:00 p.m.	<b>10</b> Mothers & Daughters In Touch 6:00 – 8:00 p.m. James Nisbet School 70 Doubleday Dr.	<b>11</b> Hans Kai 9:15 – 11:15 a.m. Free childcare. Call to register.	<b>12</b> Parent/Child Stay 'n' Play 9:15 – 10:45 a.m. 0 – 5 years	<b>13</b> 	
<b>14</b> 	<b>15</b> Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	<b>16</b> Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years  Dad's Program 6:15-7:00 p.m.	<b>17</b> Mothers & Daughters In Touch 6:00 – 8:00 p.m. James Nisbet School 70 Doubleday Dr.	<b>18</b>	<b>19</b> PD DAY  NO SCHOOL	<b>20</b>	
<b>21</b> 	<b>22</b> Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	<b>23</b> Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Dad's Program 6:15-7:00 p.m. KINDERGARTEN OPEN HOUSE 6:15 – 7:15 p.m.	<b>24</b> Mothers & Daughters In Touch 6:00 – 8:00 p.m. James Nisbet School 70 Doubleday Dr.	<b>25</b> Wee be Jammin' 6:00 – 7:00 p.m. Please register.	<b>26</b> Parent/Child Stay 'n' Play 9:15 – 10:45 a.m. 0 – 5 years	<b>27</b> 	
<b>28</b>	<b>29</b> Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	<b>30</b> Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Dad's Program 6:15-7:00 p.m. (Last day.)	<b>PARENT/CHILD PROGRAMS</b>				

# 2013

Please call Cheryl at 204-339-1964 to register Wee Be Jammin.

West St. Paul School Website: <http://www.7oaks.org/school/weststpaul/Pages>

# MAY

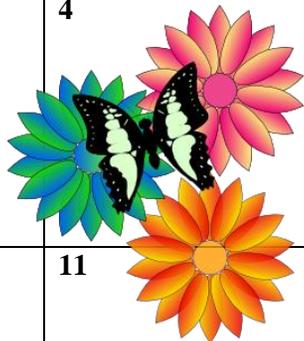
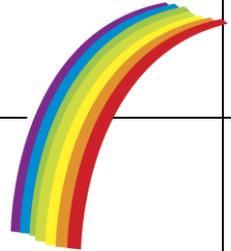
**WEST ST. PAUL COMMUNITY SCHOOL**

Advancing Community Schools

Joey Robertson - Learning Support Teacher - Early Years

Cheryl Rajfur - Community Coordinator

204-339-1964

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h2>PARENT/CHILD PROGRAMS</h2>			1	2	3	4
				<b>Positive Discipline</b> Victory School 9:00 – 11:00 a.m. Free childcare. Must Register <b>Wee Be Jammin</b> 6:00 – 7:00 p.m.		
5	6	7	8	9	10	11
	<b>PD DAY</b>  <b>NO SCHOOL</b>	<b>Rhymes &amp; More</b> 9:15 – 10:30 a.m. 0 – 5 years		<b>Positive Discipline</b> Victory School 9:00 – 11:00 a.m. Free childcare. <b>Hans Kai</b> 9:15-11:15 a.m. <b>Wee Be Jammin</b> 6:00 – 7:00 p.m.	<b>Parent/Child Stay 'n' Play</b> 9:15 – 10:45 a.m. 0 – 5 years	
12	13	14	15	16	17	18
	Meet at Children's Museum 9:30 -11:30 a.m. Must register.	<b>Rhymes &amp; More</b> 9:15 – 10:30 a.m. 0 – 5 years		<b>Positive Discipline</b> Victory School Free childcare. 9:00 – 11:00 a.m. <b>Wee Be Jammin</b> 6:00 – 7:00 p.m.		
19	20	21	22	23	24	25
	<b>Parent/Child Storytime</b> 9:00 – 10:30 a.m. 3 – 5 years	<b>Rhymes &amp; More</b> 9:15 – 10:30 a.m. 0 – 5 years		<b>Positive Discipline</b> Victory School Free childcare. 9:00 – 11:00 a.m.		
26	27	28	29	30	31	
	<b>Parent/Child Storytime</b> 9:00 – 10:30 a.m. 3 – 5 years	<b>Rhymes &amp; More</b> 9:15 – 10:30 a.m. 0 – 5 years	<div style="border: 1px solid black; background-color: #90EE90; padding: 5px;"> <b>ARTS IN THE PARK - PRE-SCHOOL TENT</b>  <b>TIME: TBA</b> </div>			

# 2013

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West St. Paul School Website: <http://www.7oaks.org/school/weststpaul/Pages>

# Wee be Jammin



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Parent \_\_\_\_\_ Child \_\_\_\_\_

Email \_\_\_\_\_ Phone number \_\_\_\_\_

# *R. F. Morrison is Celebrating 50 years!*



All former staff and students of R. F. Morrison School in Seven Oaks School Division are invited to join us in celebrating 50 vibrant years of learning. There will be two events:



## *Fashion Show Through the Decades* *April 25*

Drop in to R. F. Morrison to visit between 5:00 and 8:00 pm  
Program at 6:30

## *Anniversary Barbeque* *June 7*

*4:00 to 7:00 pm*

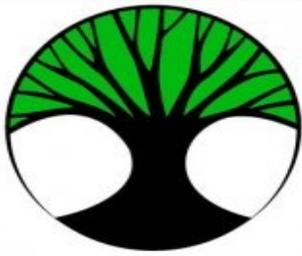
Join us at 25 Morrison Street

For information please call 204-338-7804



We are preparing an Anniversary presentation and we are looking for R. F. Morrison memorabilia and photos of R. F. Morrison events from the 1960's and 1970's. If you can help us out, please call the school at 204-338-7804. We will be happy to photograph the memorabilia items, scan any Morrison photos and return them to you.

Thank you!



SEVEN OAKS  
SCHOOL DIVISION

*community begins here*

Seven Oaks Adult  
Learning Centre (ALC)

**CALL US**

Phone: 632-1716

**VISIT US**

950 Jefferson Ave.

Office Hours:

Monday to Thursday  
1:00 p.m. to 8:30 p.m.

**E-MAIL US**

[nispreferral@7oaks.org](mailto:nispreferral@7oaks.org)

Immigrant Settlement  
Services helps  
immigrant  
families in the  
Seven Oaks area.

**New EAL classes  
start April 1<sup>st</sup>**

Some classes still  
have room for new  
students. If you want  
to study English,  
please contact the  
office at 204-632-1716

# EVENTS AND RESOURCES

April 2013

## Seven Oaks Settlement Services Centre

*Presentations Coming Up :*

### 9 Essential Skills

April 13 @ 10:00 a.m.  
950 Jefferson Avenue



### Resume Preparation

April (Date to be Confirmed yet)

### University of Manitoba

April 30 at 11:30 a.m.

**Our sign for the new building is now up, and soon we will have our Open House- stay tuned**



## CONVERSATION CIRCLES COMING SOON

At the 7 Oaks Adult Learning Centre  
Come practice English and meet new friends.  
No registration.

For more information call our office

204-632-1716



# Upcoming COMMUNITY EVENTS



## Parent Information/Open House Dates

<b>Seven Oaks Middle School</b>	<b>Apr. 4 @ 7:00 p.m.</b>
<b>H.C. Avery Middle School</b>	<b>Apr. 11 @ 7:00 p.m.</b>
<b>Leila North Community School</b>	<b>Apr. 11 @ 7:00 p.m.</b>
<b>Edmund Partridge Community School</b>	<b>Apr. 16 @ 6:30 p.m.</b>

### ***Let's talk about health.***

The Winnipeg Regional Health Authority is looking for community members who are interested in exploring and providing ideas to address important issues impacting our health care system. We have openings on all of our Community Health Advisory Councils. Contact Colleen Schneider at 204 940-8569 or [cschneider1@wrha.mb.ca](mailto:cschneider1@wrha.mb.ca).

You can look at our webpages for more information and to apply on-line -- <http://www.wrha.mb.ca/about/chac/index.php>

Please get your applications in by Friday, April 26, 2013.

The **Spring/Summer 2013 Leisure Guide** is now available. Pick up your copy at any city facility (library, pool or leisure centre) or at one of over 175 retail outlets throughout Winnipeg.

Register at [Winnipeg.ca/leisureonline](http://Winnipeg.ca/leisureonline) or by calling **311**.

Be sure to check out the many physical activity, recreation and fitness programs available for all ages.

Staggered start dates in effect for Spring/Summer 2013 Program

Registration:

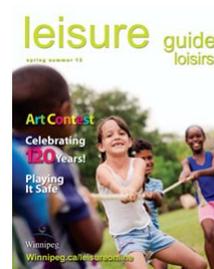
#### **4 Ways to Register:**

Online

By Phone

In-Person

Mail / Drop Off



**For more information about the Seven Oaks Immigrant Settlement Centre visit our WEBSITE at:**

**<http://www.7oaks.org/Programs/NISP>**



## Calling all artists 6 to 12 years of age!

We want to know what recreation means to you! Create a picture showing us your favourite recreation activity or experience. The first and second place winners will have their artwork featured on the cover of the Fall 2013 Leisure Guide and the Fall 2013 Priceless Fun brochure! The top 3 winners will also receive a City of Winnipeg Family Outdoor Pool Pass for the 2013 season.

### How to Enter

- 1) Use your imagination and creativity to create a picture showing your favourite recreation activity or experience
- 2) Send your artwork (flat not folded), along with a brief written story and your completed and signed entry form to:  
**Art Contest**  
City of Winnipeg - Community Services Dept.  
2nd Floor – 395 Main St.  
Winnipeg, MB R3B 3N8

Digital files can be submitted by emailing a PDF to [artcontest@winnipeg.ca](mailto:artcontest@winnipeg.ca) (minimum 300 dpi).

### Contest Rules

- Contest is open to all children between 6 and 12 years of age at the time of entry (one entry per person)
- Paper size – 8.5" x 11.0"
- The artist can use any medium such as paint, markers, crayons, coloured pencils, digital software
- Artwork must be original work and cannot be copied from any published material such as a magazine, book illustration, photograph, website, or artwork created by another person
- Artwork needs to be in bright colours, not just black and white
- Artwork needs to be sent flat and not folded
- All submissions must be accompanied by a completed and signed entry form
- **The deadline for submission is May 1, 2013.** Entries received or postmarked after the deadline will not be eligible
- All artwork submitted will become property of the City of Winnipeg and will not be returned
- To help protect the artist's identity, artwork with personal information (last name, addresses, etc.) included on the image **will not** be considered

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### Art Contest Entry Form

Please ensure that the form is completely filled out

**\*\*IMPORTANT\*\*** Along with your submission, please provide a brief written story describing your picture. We want to know what recreation means to you and why it is an important part of your life!

Artist's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
(Artist must be between 6 and 12 years of age at entry date)

Parent/Guardian Contact Name: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Artwork Title: \_\_\_\_\_ Media/Materials used (i.e. paint, markers etc.): \_\_\_\_\_

**Consent:** As the parent or legal guardian of the artist, by signing below, I agree on behalf of the artist to grant the City of Winnipeg the permission to publish the first name and age of the artist and to use the artwork or reproductions submitted for any purpose which the City of Winnipeg may see fit. This includes online and printed communications, advertising, and marketing (including the City of Winnipeg Leisure Guide and Priceless Fun brochure). I also agree that all artwork submitted will become property of the City of Winnipeg and will not be returned.

I, \_\_\_\_\_ as parent/legal guardian of \_\_\_\_\_ hereby consent to the use of my child's artwork as set out in the terms of this entry form.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Personal information is collected under Subsection 36(1) of the Freedom of Information and Protection of Privacy Act and is protected under the Act. The information will be used for the purpose of promotional activities related to City of Winnipeg recreation programming.*



Winnipeg Regional Health Authority  
Office régional de la santé de Winnipeg  
Caring for Health À l'écoute de notre santé

## We are looking for volunteers for...

Winnipeg Regional Health Authority's

# Community Health Advisory Councils

- ★ You don't need to be an expert on health – we need people who are experts on their community!
- ★ Explore and be part of making our system better – share your experience, insights, and ideas about important issues impacting our health care system
- ★ Three year term – 6 meetings between September and May
- ★ Babysitting paid for, dinner provided, and transportation arranged
- ★ Apply on-line at [www.wrha.mb.ca](http://www.wrha.mb.ca) and follow the link

Please contact Colleen Schneider at (204) 940-8569 or at [cschneider1@wrha.mb.ca](mailto:cschneider1@wrha.mb.ca) for information and application.

**Deadline for applications is Friday, April 26, 2013.**