

**MAY
2010**

West St. Paul School Community Newsletter

3740 MAIN STREET
WEST ST. PAUL MB R4A 1A4
PHONE 339-1964
FAX 339-7204



Home of the Wildcats

IMPORTANT DATES

May 3: Lifetouch Spring Photos
May 4: Spring Concert ~ 7:00 pm
May 6: Spring Concert ~ 7:00 pm
May 7: Donelli forms due
May 14: PD Day ~ **NO SCHOOL**
May 18: Grade 5 Arts Camp
May 19: Donelli pick-up
May 20: Immunization
May 24: Victoria Day ~ **NO SCHOOL**
June 24: Grade 8 Farewell ~ Boat
Cruise (6:00-10:00 pm)
June 25: PD Day ~ **NO SCHOOL**
June 30: Last day of school



Please visit our
newsletter on-line
to view the photos
in colour.

Take Care of yourself, Take Care of each other, Take Care of this place.

Spring Concerts

Please mark the following dates on your calendar for our Spring Concert. Both concerts will be at **7:00 pm**

Tuesday May 4th

Morning Kindergarten
Miss Burridge's Class
Miss Schur's Class
Ms Dilts' Class
Miss Yeo's Class
Ms Sharpe's Class
Mr. Calisto's Class
Mr. Ingram's Class
Mrs. Rioux's Class
Mrs. Torz's Class

Thursday May 6th

Afternoon Kindergarten
Mrs. Rempel's Class
Miss Greening's Class
Mr. Zylstra's Class
Mr. Bencharski's Class
Mrs. Shewchuk's Class
Mrs. Tabor's Class
Ms Los' Class
Mr. Olson's Class
Mrs. Blatz/Mr. Rempel's Class

We are looking forward to sharing our music learning with you. Please have children into their classroom around 6:30 pm. They can stay there with their teachers until the end of the concert. The concert will be approximately one hour long.

Please follow the parking volunteers when you come into the parking lot. We will use the same parking format as the December concert. There will be "dress rehearsals" (meaning there will be a full run through of the program, students do not need to dress up) on each day at 12:00 pm. Grandparents or other family and friends who cannot attend the evening concert are more than welcome!

FROM THE GYM...



MIDDLE YEARS NEWS

Congratulations to all middle years badminton teams. We had over 50 students play on our grades 6 to 8 teams. All students did a great job at their tournaments and improved their skill level.

The next extracurricular activity on the agenda is Track and Field. It begins on Tuesday, Apr.27 with our first practice/meeting. Practices will be Tuesdays and Thursdays after school until late buses. The divisional meet has been scheduled for Thursday, May 28 at Lord Selkirk Regional Comprehensive Secondary School in Selkirk, MB. The rainout date is set for Tuesday, June 1 at West Kildonan Collegiate.

135 West St. Paul students will have the opportunity to see the Winnipeg Goldeyes play on Thursday, May 27 at 12:00 p.m. in their annual school day baseball game. As a reminder, buses will pick students up at the school at 11:00 a.m. and arrive at CanWest Global Park in time for the game at 12:00 p.m. A normal baseball game usually lasts approximately three hours so the game should end just after 3:00 p.m. Students are required to make their own arrangements for getting home from the ballpark.

Early Years Phys. Ed.

Our grades 3-5 EY Cross Country Team has been diligently training for the spring meet every other school day. We have a large group of 65 enthusiastic participants! The meet is at Little Mountain Park the afternoon of May 11 (rain date is May 13). Thank you to our Student Leaders from Mrs. Torz's class and to Mr. Zylstra for helping out each lunch hour.

Other dates and events on the agenda are:

- ⇒ WSP School Track & Field Meet (grades 4 & 5) May 25 (rain date May 27)
- ⇒ Tabloid Activities (grades K-5) June 29 a.m.

Please note there is no divisional Track & Field meet this year because each of our high school tracks are being renovated.

R. Chin

Congratulations! To Tristyn Sitarz who will be representing Manitoba at both the Western Canadian and National Gymnastics competitions in May. Congratulations on your accomplishments and best wishes for a successful meet from your friends at West St. Paul School



30 Hour Famine

We, Grade 8s, who took part in the 30-hour famine on the weekend of April 16-17th had an amazing time and had some new experiences.

Since I am used to eating at least 4 times a day, it was harder not to. I wasn't hungry, strangely enough, but whenever the topic of food came up, I was dying of hunger. The only thing I didn't like about the weekend was me getting a headache. It wasn't fun, but I lived through it. I enjoyed the activities we did, mostly the digital scavenger hunt, and the bigger or better project. I was surprised about the bigger or better contest. We started out with a paper clip and went door to door asking for something bigger or better than what we gave them in the first place. At the end, everything we collected went to a charity. I was surprised because some people would just close the door in our faces. They didn't really care, which kind of opened my eyes ~ that there are people around the world who do not care about the kids suffering in other countries with a lot less money.

I learned that after you don't eat for at least 24 hours, you get cranky. Lots of people get upset tummies and headaches. Lots of people get tired and sleep a lot.

Overall, if I had to do the 30 hour famine again, I think I would.

~ Amber

I really enjoyed the famine, especially the hide-and-go-seek in the dark. The second day was okay, but I was starting to get really hungry and the only thought on my mind was FOOD! Almost anything reminded me of food.

The experience will probably change my opinion on many foods. After talking about many foods, I am going to try foods I have never tried before.

I will always remember this experience and I will now know what it feels like to go without food for over a day.

Participating in the 30 hour famine was quite a challenge. I never realized how fortunate we are to be able to eat whatever we want when we want it. Sometimes, when I haven't eaten for a few hours I say that I am starving. Well, I have learned my lesson. People in poor countries like India, Namibia and Mozambique are the ones starving. They go days without food and usually have to drink dirty water. Those poor people don't have any choice but to starve and drink dirty and disgusting water. I had fun in the famine. It was a great experience, although I probably wouldn't do it ever again. During this event, I got to learn and participate in new games and events, see other people suffer just like me and experience what it is really like to starve. My favourite game that we played had to be bigger and better. I had to say, though, that for the most part, the famine was fun as long as you stayed busy and didn't think about doing a famine; then, you didn't feel hungry. I learned a valuable lesson while doing the famine which is: You aren't really starving until you really are.

~ Kara



Twenty Seven Grade Eight students participated in the World Vision 30 Hour Famine on April 16th and 17th. The event was organized by Eric, Ashley, Brett, Adam, Justin, Kelsey, Kayla and Serena.

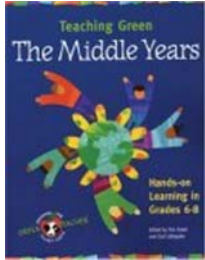
The purpose of participating in the Famine is to us understand what it might feel like to have to deal with the issue of hunger and to raise funds to support World Vision projects world- wide.

Thanks to Mrs. Horbas, Mr. and Mrs. Rempel, Mr. Muise, Miss Dilts, Miss Burrige, Miss Yeo, Mr. Ingram, Ms. Brown and all the parents who helped drive for the Bigger and Better Scavenger Hunt and the Digital Photography Activity on Saturday.

We raised over \$1900.00 for the project and we had lots of fun.

Library News

In honour of our parent volunteers SOSD arranged a Book Fair at McNally Robinson. Mrs Boyce, our library technician selected \$200.00 worth of books for the library. Bookplates will be inserted on the inside of the front cover to acknowledge our awesome volunteers. Thanks for all you do. If parents are interested in volunteering in the library please see Mrs. Boyce. Book Fair selections are as follows:



Teaching Green: The Middle Years by Tim Grant

The Kids' Guide to Social Action by Barbara Lewis



Skeleton Creek by Patrick Carman

Wag! By Patrick McDonnell



Re-Zoom by Istvan Banyai

Other titles include:

The Cat in the Hat by Dr. Seuss
The Cat in the Hat Comes Back by Dr. Seuss
Diary of a Wimpy Kid by Jeff Kinney
Diary of a Wimpy Kid: Dog Days by Jeff Kinney
Diary of a Wimpy Kid: The Last Straw by Jeff Kinney
Diary of a Wimpy Kid: Roderick Rules by Jeff Kinney

Meet Manitoba Children's Authors by M.D. Meyer
My Pants are Haunted by Jim Benton
Am I the Princess or the Frog? by Jim Benton
Never Do Anything, Ever by Jim Benton
Never Underestimate Your Dumbness by Jim Benton
That's What Friends Aren't For by Jim Benton

EARTH DAY 2010

Miss Los's class recently went on a field trip for Earth Day to Kildonan Park. We created art with nature and we were all inspired by an artist known as Andy Goldsworthy. The students in the class got into groups and headed out to a spot where everyone in the group would agree. There we constructed something of nature using only things on the ground! After we did that we took pictures of our creations. Now we are looking at the photos we've taken, and we're writing poetry about the nature photos.

By: Nykeah and Sabrina



UNESCO NEWS

by Jill, Sydney, Kristin, Dylan

UNESCO Workshop On the morning of April 15 a group of West St Paul students met with Mr. Calisto, Mr. Rempel and Ms. Los. We watched a slide show about what UNESCO is and watched some music videos about poverty around the world, We brainstormed ideas for how we could make our world better. We decided to plan an assembly in May. We are going to do a drama, a video, a music group and some others. We are going to teach our school about what UNESCO is and how we are becoming a UNESCO School

On the next day some of the same students went to a UNESCO Student Forum at St. Boniface College. There were ten students from West St. Paul, and ten students from all the other sixteen UNESCO schools in Manitoba. The first speaker's name was Cat and she talked about how she had started learning about HIV and AIDS in Africa when she was in middle school. Now she is 26 and she has her own foundation to help people in Africa. She brought with her Bubba-B from HOT 103 and he rapped to us. She had another guy from Pushing Daisies playing the guitar. Each person attended a different workshops about things like Human Rights, Northern Foods, Issues of Mining, Child Labour, Child Soldiers. We then wrote letters to kids in Africa. We had a vegan lunch that was all purchased from 100 miles from Winnipeg. We didn't like the lunch very much.

Young Women's Conference

On Thursday April 8th, a group of grade eight girls, accompanied by Mrs. Torz, were fortunate enough to take part in the Young Women's Conference. The conference was sponsored by Skills Manitoba. The key note speaker and Master of Ceremonies was Lori Mitchell of Tomboy Tools. Many female trades people participated as mentors at the Red River College.

A number of schools attended; all of the girls being in the eighth grade. Throughout the day, speeches were made by some of the mentors including Lori Mitchell, and in separate groups, the girls were able to tour the college and learn more about specific trades. The focus of the conference was to give young women more information about careers in different trades. Some groups were lucky enough to take part in that trade as well, including laying a brick and making your own yo-yo.

As one of the mentors said, "Don't build your future on someone else's judgment. Your future is your own to build." These words gave the girls the one thing that they need to succeed, *encouragement*.

By : Destiny O.



Recently a number of students have shown interest in training to run a leg of the Manitoba Marathon. The Marathon will take place on Sunday June 20th. In order to prepare for this event our trainer Ms. Los has organized a schedule consisting of Monday after school doing strength training and Wednesday after school running laps around the track. We gradually have been working our way up to running longer lengths. We started with 1 minute running, and 1 minute walking, and will be making our way up to running 10 minutes and walking 1 minute. There will be 26 weeks for us to train in order for us to be prepared for this event. We would like to thank our trainers Ms.Los, Ms. Shewchuk and Mr. Zylstra for helping us train to run the Marathon.

By: Hayley W. and Kristin P.

SCIENCE CAMP

by Samantha K.

On April 13, 2010, Ms. Sharpe's, Mr. Bencharski's, Mr. Zylstra's, and Ms. Greening's classes and OV Jewitt School went to the Manitoba Museum. We started off at Festival Hall where we made wind, string, or percussion instruments. After that we started looking at some bison and a mural. We walked through the Boreal Forest and some other interesting exhibits. We passed a room full of fish facts and then we passed a snake pit with hundreds of snakes and then moved on to the bat cave. There were some flashlights up for grabs because it was pretty dark and that was the best part! Then we went back for lunch. On the way back, I saw an awesome pair of sunglasses. I wanted to buy them but I had no money. So we went back to Festival Hall and ate our lunches. Then we watched a show about light that showed how a guy exploded because he was on the sun and we all know the sun is way too hot to live on, right? The guy was named Stan and when we watched that, we called it "Stan go bam"! Then we went back to Festival Hall and made our own mini kaleidoscope. We packed up all our stuff and went to the bus. On the way out, I saw the awesome sunglasses again, but I moved on, hopped on the bus, and went back to West St. Paul!

PAC NEWS

Thanks to all of the volunteers who made the annual "Staff Appreciation Luncheon" a big success! Special thank you to D'Anna Routley for all of her efforts in organizing this event!

The March hot lunches were a hit with the kids (and the parents!). More information to follow about upcoming hot lunches from Red Roof Catering.

It's the final PAC meeting of the school year! The meeting will be on Wednesday, May 12th at 7:00 PM in the school library. Free childcare will be provided. Elections for various positions on PAC for the 2010-2011 school year will be held. See you there!

Alantra /Donelli Fundraiser

Many families had a chance to sample the foods being offered through the school fundraiser on Thursday, April 22nd. The students who tried the samples gave everything a "thumbs up".

Money comes in with the order. Cheques can be made out to West St. Paul School

Order forms with money by **May 6th or 7th**

Orders will be delivered to the school on **May 19th**. Please arrange for someone to pick up your order between 2:00 and 6:00 pm.

The students and staff would like to thank you very much for your support!

Community News

Park, Play and Grow Together

is an exciting **FREE** community event
being held in the **Wal-Mart parking lot**
(at 2370 McPhillips Street)
on **Friday, June 18th**
11:00 a.m. to 6:00 p.m.

Our goal is to share some great **FREE** information
with you that will inform your family on all kinds of
super services that are offered within and beyond this
wonderful Seven Oaks community to support you
in raising a healthy, happy family!

We would love to see every family in the Seven
Oaks Community, especially those who have chil-
dren ranging in ages from **birth to six years old**.

Sunny Mountain Nursery School
6-1965 Main Street

Accepting registration for September 2010
Spaces for 3-5 year olds

For more information call Karen @ 334-7075
Subsidy available for families that qualify.

MANITOBA ANAPHYLAXIS INFORMATION NETWORK (MAIN)
a sub-group of Allergy/Asthma Information Association (AAIA)
Ph: 204-654-2676 Email: mainmanitoba@shaw.ca

April 2010

Manitoba Anaphylaxis Information Network will be holding a
meeting on **Tuesday June 1, 2010** from 7:00 – 8:30 pm.

Topic: **SENDING AN ALLERGIC CHILD TO CAMP**

Location: The Gray Academy at 123 Doncaster Street
(Room number will be posted at the entrance)
Enter the building through the main doors of the Asper
Jewish Community Campus located at 123 Doncaster Street.
Free visitor parking is located across the street from the
doors.
Upon entering you must check in with the security desk and
provide identification.

Call me or send an email with any questions.

Nancy Boni
Manitoba Anaphylaxis Information Network (MAIN)
204-654-2676

SEVEN OAKS HONOURING OUR GRADUATES POW-WOW



When: Tuesday May 25th, 2010

**Where: Maples Collegiate
1330 Jefferson Avenue
Winnipeg, Manitoba**

**Host Drums: Red Sons & First Nation Drum
Group**

**Masters of Ceremonies: Clarence Nepinak
& Coco Ray Stevens**

Arena Director: Chuck Spence

Honorarium Provided for Registered Dancers

Registration: 4:00 pm

~ Grand Entry: 5:45 pm ~

~ Community Feast: 4:30 pm—5:30 pm ~

Vendors Welcome

**For more information , please contact:
FRAN TAYLOR @ 632—6641 Ext: 3258**



Something Great in Common

Two Buildings Become One Garden City Collegiate (and that's just to start)

There's a new addition at Garden City Collegiate... and it's literally bringing staff and students together.

Since 1995, Garden City Collegiate has been one school operating between two unconnected buildings – the Garden City building and what was once Jefferson Junior High. With many students and staff having to travel outdoors from one building to the other, this gap created a lingering sense of two different schools. (The fact that people would have to deal with rain or freezing cold weather as they went back and forth wasn't particularly enjoyable either.)

All that has changed – and on May 12th, it will be made official as the school holds a grand opening event to celebrate the long-awaited and much anticipated addition.

The new space is designed to give Garden City Collegiate a superior central space for socializing. Boasting an abundance of natural light, high ceilings and seating for 250, there's plenty of room for people to meet, greet and even eat lunch from the "Go-pher Lunch" canteen.

Gym-Dandy

But the link is more than just a meeting place. It also houses a brand-new gymnasium and exercise area that will be the envy of schools throughout the province.

Saying the new gym is expansive is an understatement. It's one of the largest gym facilities in Manitoba, providing students with a place they



can pursue their health and fitness goals or cheer and watch school teams take on competitors. The space also adds opportunities for larger school events which will further bring everyone together.

Cheryl Senensky works in the main office at the school and knows how excited everyone is about the project finally coming together.

"The block-long school has increased the sense of school spirit as well as the students and staff pride in the school," says Senensky. "Some of the

students have been saying things about how they love that there is a place for the kids to hang out and how it's a great place to go when you don't have classes."

Garden City Collegiate will show off its new space to the public with an exciting opening event on May 12th at 7 pm.

The evening will feature performances by the Garden City Senior Jazz Band, Vocal Jazz Group and the Reality Check Dance Group. Light refreshments will be served, courtesy of

the Grade 11 and 12 Food & Nutrition Students. Tours of the entire school will also be offered by our student volunteers.

From Opening to Anniversary

As the opening of the new common area leads the school into a new future, Garden City Collegiate is celebrating its history in a big way.

The school celebrates its 50th anniversary next year – and as part of the 50th Anniversary Committee, Senensky can tell you there’s a lot of celebrating on the horizon.

“It gives me great pride to be coordinating the 50th Anniversary Reunion of the school, along with my co-chairs, Jodi Gilmore, Albert Yanofsky, and Harriet Zaidman,” says Senensky. “I am excited to announce that the 50th Anniversary Reunion will be dedicated in memory of Howard Sinaisky, a former teacher and alumnus, who was instrumental in putting together GC’s 25th Anniversary Reunion in 1986.”

All Garden City Collegiate alumni are invited to join in celebrating the milestone event, with a whole weekend’s worth of things to do:

Friday May 20, 2011

It’s an old fashioned North End BBQ at the school! Get together and enjoy some grilled goodness to start the weekend off right.

Saturday, May 21, 2011

The morning offers a “Magical History Tour” where people can hop on a bus for a guided tour of significant sites in West Kildonan and the North End. It’s a unique opportunity for people to learn about the places, people and events that shaped our community, from the earliest settlement to the 1919 General



Strike to our newest schools. Daytime activities at the school include sports events, chess and plenty of time to socialize with old and new friends. The day ends with a dinner & dance at the Winnipeg Convention Centre.

Sunday, May 22, 2011

The weekend draws to a close with a special good-bye breakfast brunch.

For Senensky, who has worked at the school since 1986, the weekend promises to be almost as much of a family get-together as it is a celebration of the school.

“My entire family attended Garden City Collegiate, back in the 70’s,” explains Senensky. “My oldest son graduated from the school in 2009, and my

youngest son is currently in 9th grade.” “Helping coordinate this upcoming reunion is a ton of work, but well worth it!” she says. “At times, I think I am crazy for getting involved in the planning of the 50th! However, when it is all said and done, I am certain it will be an amazing experience. I am looking forward to re-connecting with old friends, teachers & former staff.”

Join in the celebration and see what Garden City Collegiate looks like today, starting with the Commons Grand Opening event on May 12th at 7 pm. For more information and updates, visit <http://www.7oaks.org/school/gardencity/Pages/default.aspx>

Seven Oaks School Division Board of Trustees

Bill McGowan (Ward II) 694-0808
 Claudia Sarbit (Ward III) Chairperson 339-8758
 Evelyn C. Myskiw (Ward I) Vice-Chairperson . . . 339-1242
 Gary J. Fogg (Ward II) 694-8998
 Teresa Jaworski (Ward III) 334-3063
 Edward P. Ploszay (Ward III) 339-1260
 Dennis Ruggles (Ward II) 694-3976

Richard Sawka (Ward III) 338-1199
 Socorro (Cory) Juan (Ward II) 694-8517

Ward I – West St. Paul
 Ward II – Maples, Riverbend note: all phone numbers provided
 Ward III – Garden City, West Kildonan are home phone numbers

Website: www.7oaks.org Telephone Number: 586-8061

MAY

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|-------------------|---|--|---|---|--|------------|
| | | | | | | 1 |
| 2 | 3 Day 2 Lifetouch Spring Photos | 4 Day 3 School Concert 7:00 p.m. | 5 Day 4 | 6 Day 5 School Concert 7:00 p.m. | 7 Day 6 Donelli Fundraiser forms due | 8 |
| 9 Mother's Day | 10 Day 1 | 11 Day 2 EY X-Country Little Mountain Park 11:45 a.m.-2:00 p.m. Gr. 3-5 | 12 Day 3 PAC Meeting 7:00 p.m. – Library Childcare provided | 13 Day 4 EY X-Country Rain Date | 14 Day 5 PD DAY NO SCHOOL | 15 |
| 16 | 17 Day 6 | 18 Day 1 Grade 5 Arts Camp | 19 Day 2 Donelli Fundraiser to be picked up 2:00 – 6:00 p.m. | 20 Day 3 Immunization Grade 6 | 21 Day 4 | 22 |
| 23 | 24 VICTORIA DAY NO SCHOOL | 25 Day 5 WSP EY Track & Field Gr. 4 & 5 | 26 Day 6 | 27 Day 1 WSP EY Track & Field Rain Date | 28 Day 2 MY Track & Field @ Selkirk 7:30 a.m.-2:00 p.m. | 29 |
| 30 | 31 Day 3 MY Track & Field Rain Date | | | | | |

2010

IMPORTANT DATES AT A GLANCE

| | |
|-----------|---|
| May 3 | Lifetouch Spring Photos |
| May 4 & 6 | School Concert - 7:00 p.m. |
| May 7 | Donelli Fundraising forms and money due |
| May 11 | Early Years Cross Country @ Little Mountain Park (11:45 – 2:00) |
| May 12 | PAC Meeting – 7:00 p.m. in the Library |
| May 13 | Early Years Cross Country Rain Date |
| May 14 | Professional Development Day - NO SCHOOL |
| May 18 | Grade 5 Arts Camp |
| May 19 | Donelli Fundraiser to be picked up at the school 2:00 – 6:00 p.m. |
| May 20 | Immunizations – Grade 6 |
| May 25 | WSP Early Years Track & Field – Gr. 4 & 5 |
| May 27 | WSP Early Years Track & Field – Rain Date |
| May 28 | Middle Years Track & Field @ Selkirk (7:30 a.m. – 2:00 p.m.) |
| May 31 | Middle Years Track & Field Rain Date |
| June 24 | Grade 8 Farewell Boat Cruise - 6:00 - 10:00 p.m. |
| June 25 | Professional Development Day - NO SCHOOL |
| June 30 | Last day of school - Assembly @ 8:30 a.m. |


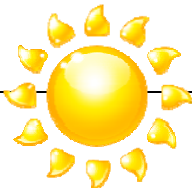
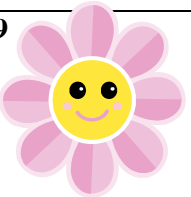
The newsletter for the month of **MAY** is now available on our website at

www.7oaks.org/school/weststpaul/Pages

A paper copy of the newsletter will only be sent home if it has been requested.

MAY

WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Joey Robertson - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 339-1964




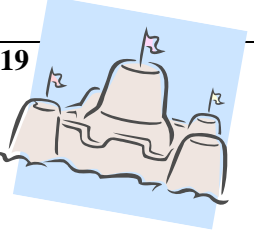
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|---|---|---|---|-----|---|---|--|
| | | | | | | 1 | |
| 2  | 3 Parent/Child Storytime 9:00 – 10:30 am 3-5 years | 4 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 5 | 6 | 7 Parent/Child Drop-In 9:00 – 10:30 am 0 – 5 years | 8  | |
| 9 Mother's Day  | 10 Parent/Child Storytime 9:00 – 10:30 am 3-5 years | 11 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 12 PAC Meeting 7 pm – Library All welcome! Childcare Available | 13 | 14 PD DAY NO SCHOOL | 15  | |
| 16 | 17 Parent/Child Storytime 9:00 – 10:30 am 3-5 years | 18 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 19 | 20 | 21 Parent/Child Drop-In 9:00 – 10:30 am 0 – 5 years | 22  | |
| 23  | 24 VICTORIA DAY NO SCHOOL | 25 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 26 | 27 | 28 | 29  | |
| 30  | 31 Parent/Child Storytime 9:00 – 10:30 am 3-5 years | PARENT/CHILD PROGRAMS | | | | | |

2010

JUNE

WEST ST. PAUL COMMUNITY SCHOOL

Advancing Community Schools
 Joey Robertson - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 339-1964

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|---|---|
| | | 1 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 2  | 3 | 4 Parent/Child Drop In 9:00 – 10:30 am 0 – 5 years | 5  |
| 6  | 7 Parent/Child Storytime 9:00 – 10:30 am 3 – 5 years | 8 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 9  | 10  | 11 | 12  |
| 13 | 14 Parent/Child Storytime 9:00 – 10:30 am 3 – 5 years | 15 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years | 16 | 17  | 18 Park, Play & Grow 11:00 am – 6:00 pm Wal-Mart Parking Lot | 19  |
| 20  | 21 | 22 | 23 | 24 | 25 | 26 |
| We hope your family has a HAPPY & SAFE Summer! | | | | | | |
| 27 | 28 | 29 | 30 | PARENT/CHILD PROGRAMS | | |

2010

Come on Out to
Park, Play and Grow Together!

Sponsored By The:



Seven Oaks Early Years Coalition



Park, Play and Grow Together is an exciting **FREE** community event being held in the **Wal-Mart parking lot** (at 2370 McPhillips Street) on **Friday, June 18th from 11:00 a.m. to 6:00 p.m.**

Our goal is to share some great **FREE** information with you that will inform your family on all kinds of **super** services that are offered within and beyond this wonderful Seven Oaks community to support you in raising a healthy, happy family!

We would love to see every family in the Seven Oaks Community, especially those who have children ranging in ages from **birth to six years old.**

- ♥ Clowns & Face painting
- ♥ **BBQ** ~\$3.00~ all proceeds go to the Children's Hospital
- ♥ Play dough
- ♥ Story time ~in our cozy book corner~
- ♥ Balloons
- ♥ Sidewalk chalk
- ♥ Wonderful people
- ♥ All kinds of great parent information like: speech and language support, dental care, bike safety, parent-child programs, day care, **and so much more!!**



WE CAN'T WAIT TO SEE YOU on June 18th, 2010
Wal-Mart parking lot (2370 McPhillips)
for **Park, Play and Grow Together!**

Thanks again to our Wal-Mart neighbor for hosting us!

Manitoba Anaphylaxis Information Network (MAIN)

LIFE THREATENING ALLERGIES

Understanding the Risks

Reducing the Risks

All are welcome to attend
our Support Group Meeting

on

SENDING AN ALLERGIC CHILD TO CAMP

Our evening will include a presentation
on preparing for the safety of children
with life threatening allergies who wish
to attend a summer camp program.

This will be followed by time for
questions as well as discussion
and sharing of ideas.

Date:

Tues June 1, 2010

Time:

7:00—8:30 pm

Location:

**The Gray Academy
123 Doncaster Street
(Room 237)**

FREE PARKING & ADMISSION

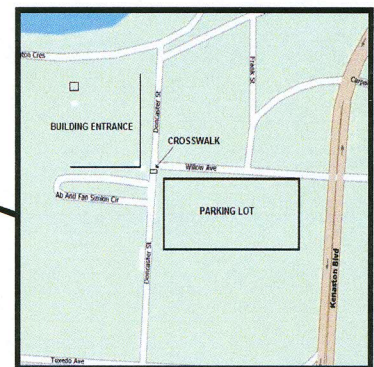
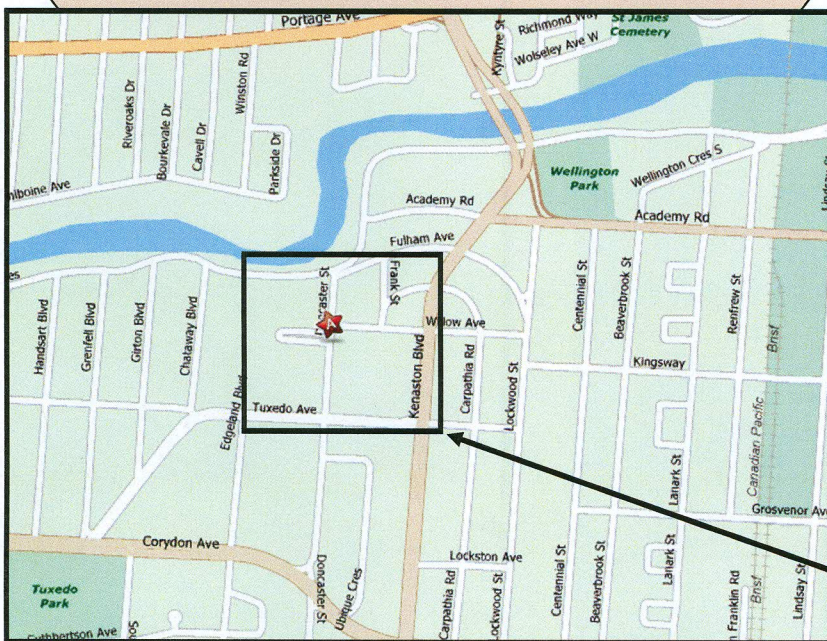
**Manitoba Anaphylaxis
Information Network (MAIN)**

a subgroup of
**Allergy/Asthma Information
Association (AAIA)**

Contact: Nancy Boni
204-654-2676

Email: mainmanitoba@shaw.ca

**Helping Families Cope with
Life Threatening Allergies**



Enter the building through the main doors of the Asper Jewish Community Campus
located at 123 Doncaster Street. Visitor parking is located across the street from the
main doors. Please register at the security desk when you enter.

Register Now! Start playing one of Canada's Fastest Growing Sports!

Divisions from
7 and under to 17 and under

Follow in the path
of current NHL Stars

Inexpensive and a
Great Value

International, National,
Regional and Local
Opportunities

Develop your hockey
fitness, hand eye and
overall game!

Manitoba Minor Ball Hockey League



Season runs
from May 3 to June 24
April 26, 2010 Registration Deadline

925-5602

WWW.MMBELL.COM



Spring Opener
Tournament
April 24, 2010



MANITOBA MINOR BALL HOCKEY LEAGUE REGISTRATION FORM
 145 Pacific Ave., Winnipeg, Manitoba, R3B 2Z6 Tel: 204 925 5602 or fax 888 317 6569, E-mail: MBHA@MTS.NET

Player Information:

Name: _____ Birth Date: (D) ____ / (M) ____ / (Yr) ____
 Address: _____ City: _____ Postal Code: _____
 7 Under 9 Under 11 Under 13 Under 15 Under 17 Under

***Age of player determined as of July 1, 2010**

Parent Information:

Parent's Name: _____ Parent's Name: _____
 Home #: _____ Home #: _____
 Cellular #: _____ Cellular #: _____
 Email: _____ Email: _____

Questions, Volunteers & Sponsorship:

- Has your child ever played ice hockey? _____ if yes, which level AAA AA A Select Houseleague
 - My child is a: Player Goalie Experience: Yes No If yes, how many years _____
 - Has your child played ball hockey? Yes No Floor Hockey Yes No Street Hockey Yes No
 - The MMBHL may post a picture of your child for his personal profile page on the league website, is this ok?
 Yes No
- *No personal information other than your child's name and MMBHL statistics will be displayed on this page.
 5. Please write your child's top 3 choices for their jersey number 1. _____ 2. _____ 3. _____
 6. Does your child have any friends / relatives they wish to play with? If yes, please note the individuals.
NOTE: The executive will attempt to facilitate your request based on the space available.

| Division | Notes | Floor Times | Price |
|--------------|--|----------------------------|----------|
| 7 and Under | Focus on Skill Development, Intro to game. Registration includes a jersey to keep. | 14 | \$99.00 |
| 9 and Under | Focus on Skill Development and Intro to the game. Fitness. | 14 | \$99.00 |
| 11 and Under | Focus on Skill Development and Fitness. Progression toward more games. | 14 plus Playoff Tournament | \$130.00 |
| 13 and Under | Focus on competition, skill development and fitness. | 14 plus Playoff Tournament | \$130.00 |
| 15 and Under | Focus on competition. | 14 plus Playoff Tournament | \$160.00 |
| 17 and Under | Focus on competition. | 14 plus Playoff Tournament | \$160.00 |

- All programs are offered mainly Monday to Thursday beginning in May and ending in last weekend of June
 - Full Player and Team Statistics available on the Internet
 - Hone your ice hockey skills during the off season
 - Year-end Banquet and Awards
 - Limited dental & medical insurance
 - MBHA Certified Referees
 - Fun, safe and a great way to make new friends! Join now and find out why it is the fastest growing sport in Canada
 - Mandatory equipment required includes CSA Approved Hockey helmet with full facial protection, hockey gloves, soccer style shin pads and athletic cup. Soft elbow pads and soft knee pads are also recommended**
- Registration Locations**
 We offer three easy ways to register:

- Register in person at 145 Pacific Ave, Winnipeg, Manitoba Please phone to confirm hours.
- Register Online www.MMBHL.com
- Mail, Fax or Email

Manitoba Minor Ball Hockey
 145 Pacific Ave, WPG, MB R3B 2Z6
 Phone 204 925 5602
 Fax 888 317 6569
 MBHA@MTS.NET



Medical Issues or Concerns:

Waiver: Notes: In consideration of the Manitoba Minor Ball Hockey League (MMBHL) permitting the player to participate in any of the activities of the MMBHL, I, for myself, my family, heirs, successors, and executors hereby indemnify and hold harmless the MMBHL, it's directors, officers, successors, and assigns, from all costs, claims, actions, damages, or liabilities, whatever their nature or however caused, resulting from the participation of the player in any activities of the MMBHL.

Parent/Guardian Signature: _____ Date _____

Registration Fees:

7. Do you wish to assist? (✓) area of preference, Head Coach Assistant Coach Sponsor Timekeeper

\$99.00 U7(Includes Jersey) and U9 \$130.00 U11 and U13 \$160.00 U15 and U17

Please contact the MMBHL regarding group discounts and sponsorship opportunities

Early Bird Plan – Get a Free MBHA T-Shirt when registering before March 14, 2010

Cash Check # _____ Payable to: Manitoba Minor Ball Hockey League

Deadline to register April 26 2010. Registration after April 26 will be accepted only if space is available and are subject to a \$20.00 late fee

Our season will begin in early May
 Any applications received after the deadline will be subject to availability and then placed on a waiting list.

