



WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

NOVEMBER, 2012

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

PIZZA DAYS

November 14

November 28

December 5



Upcoming Events

- Immunizations
Grade 4 Students
Grade 6 Girls
Nov. 8
- Hearing Screening
Nov. 12-16
- PAC Meeting
Nov. 13 ~ 7:00 p.m.
- Photo Re-takes
Nov. 14
- Early Years Team Handball
Nov. 17 a.m.
- Craft Sale Set-up
Nov. 17 p.m.
- Craft Sale
Nov. 18 ~ 10 a.m.-4 p.m.
- Parent/Teacher/Student
Conferences
Nov. 22 ~ p.m.
Nov. 23 ~ a.m. (NO SCHOOL)
- Divisional In-Service
NO SCHOOL
- Vision Screening
Nov. 27-30

November is a very big month for us. We will be hosting a Divisional Handball Tournament, having the annual Craft and Bake Sale and having our first reporting period.

This year West St. Paul School is implementing the new Provincial Report Card. The purpose of the new format is to provide parents with a report card that is standard in all schools throughout the province. The Grade 1 to 6 report card is one format while the Grades 7 & 8 is another. All reports will have a 1-4 grading scale. The Grade 7 & 8 report card will also include percentage grades. Kindergarten students will receive comments only for the first term and a checklist report for the March and June terms.

Here are some of the main characteristics of the report card you will be receiving:

- All academics will be reported separately from learning behaviours.
- All comments will follow the format of strengths, challenges and next steps.
- Each subject will be reported separately.
- There will not be an overview of material studied in class.

As in the past, you will receive the best information about how your child is faring at school in the conversation you have with your child and their teacher about the work they have done. It is in these conversations that you will gain a full picture of the work your child is doing, how they are progressing and what can be done between home and school to strengthen your child's learning.

The Provincial Report Card is a new one for us. We will be seeking your feedback as we progress through the year.

We would also like to seek your feedback about our Balanced School Day. Please look for the survey coming to you in the next few weeks. We will be sending this out via whole school email. It will also be available during Conferences if you haven't had a chance to do it on-line. Thank you for your participation.

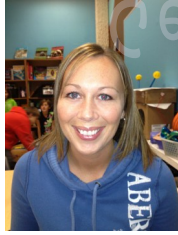
We encourage all of you to come to and participate in the Parent Council Annual Craft and Bake Sale. This is a great community event! You can help by providing baking, helping to set up, volunteering on the day of the sale and attending on Sunday November 18 from 10:00 a.m. - 4:00 p.m. Any and all assistance is greatly appreciated.

Cathy Horbas, Principal

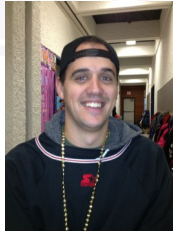
David Ingram, Vice Principal

Our **NOVEMBER** newsletter is now available for viewing on our school website.
Please visit www.7oaks.org/school/weststpaul/Pages

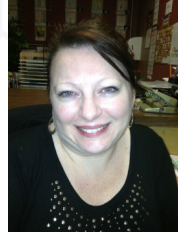
Getting to know you...



Ms Greening



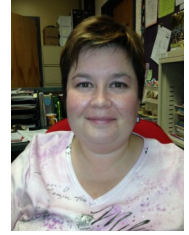
Mr. Zylstra



Mrs. Rempel



Mr. Skead



Ms Mathis

When did you start teaching?	2008	2009	2000	This is my first year teaching.	June 1, 2009 I started being a librarian.
What is your favourite colour?	Blue	Blue	Pink	Blue	Green
What do you like to teach the most?	Science & ELA	Art	Math	Math	I love being a librarian here at WSP School. It feels like home.
Do you like being a teacher?	I love it!	It's a lot of fun.	I love it! I can't imagine doing something else.	I love teaching, a lot!	I love it here.
Who is your friend in the school?	I don't have a favourite. I like a lot of the staff and I do a lot of different things with the staff.	Ms Greening, obviously.	All teachers at WSP School are great.	Mr. Zylstra is my best friend, so far! I've only been here a couple of weeks. I will make more friends.	I am just getting to know everyone. Everyone has been very friendly.
Do you enjoy working at WSP School?	I love it!	I love WSP School a lot.	Absolutely!!	I enjoy it a lot here at WSP School.	WSP is my home.

Staff interviewed by Brianna R. and Halle D.

Congratulations!

Roselle Deinla was the winner of the West St. Paul Lions Club Peace Poster Contest.

Roselle's poster will be submitted to Lions International at the next level of competition.

Roselle and her family were invited to participate in the West St. Paul Lions' Club Fall Supper held at the Sunova Centre earlier in October.

WE Create Change

Start collecting your pennies! The Canadian Penny is going out of circulation and Free the Children Canada, in conjunction with the Royal Bank, is going to use all those pennies you've been collecting to fund clean water projects in third world countries.

As part of our UNESCO Schools, West St. Paul students will be collecting pennies. Please send in all the pennies you have around the house. We will be collecting them, the Royal Bank will be counting them, and Free the Children will be using those funds collected to fund communities to have clean water for children. For every \$25 bag of pennies we will be providing clean water to one person - for life. We have the opportunity to give people equal access to clean water. Help us Create Change!

We will be collecting pennies in the month of November. Thank you for your support.

WSP UNESCO Group



Grade 1 Halloween Parade at Middlechurch Home



GRADE 4 SWIMMING

The students in Ms Greening's class enjoy swimming at Seven Oaks Pool. Here is what they are saying about it...

"I love jumping off the diving boards." - Allan A.

"I love going under water and doing front swim." - Nayan H.

"I love doing cannon balls in the water and I love getting wet." - Meagan S.

"My favourite part about swimming is going in the deep end and having lots of fun." - Halle D.

"I like being with my friends and learning new things." - Alexa R.



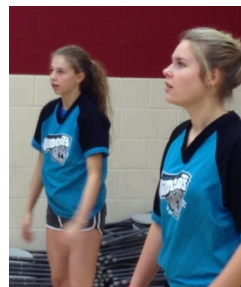
We love swimming at Seven Oaks Pool!!

Ms Greening's Grade 4 Class



VOLLEYBALL

There are four WSP volleyball teams playing in divisional tournaments. The Grade 7&8 boys, coached by Mr. Zlystra and Mr. Rempel, and Grade 8 girls, by Ms Gingera, are showing great enthusiasm and improvement with each game. The Grade 6 girls are being coached by Miss Molinski and Mr. Payne and the Grade 6 boys, by Mr. Chin. Thanks to the coaches for their dedication and congratulations to the players for their great attitude and skills.





We Day was great! Free the Children put on We Day. Craig Kielburger and his older brother Mark Kielburger run Free the Children.

When Craig was twelve he saw an article in the newspaper about a boy only twelve, Iqbal Masih, who escaped child labour and was murdered. For more information on Iqbal go to www.answers.com/topic/iqbal-masih. He asked his teacher if he could tell his class the story. He started a group of only twelve kids and they called themselves "Free the Children" that is now a huge organization. They have created We Day.

We Day means "Me to We" as in moving from me as (one voice) making a difference to we (many voices) making a difference. We Day tries to inspire others to think positive, be the change and basically just make a difference. They build schools in places that don't have and that can't afford schools. They give kids/adults freedom, education, food, clean water, health care, alternative income assistance and opportunities to be whatever they want to be.

Some quotes that were said at We Day that stood out to me were "Sky's the limit. You can do anything you want." - Sam Katz. "Never stop caring." - Hannah Taylor. "We are the future, we are change." - Mikhail Gorbachev. "This is our time to lead" - Molly Burke. "My job is to make sure you are inspired and ready to take your own mountain because the world needs you." - Spencer West. If you have Facebook "Like" the We Day page and one dollar will be donated towards a Free the Children cause.

We Day's Crew gave us ways to make a difference ...

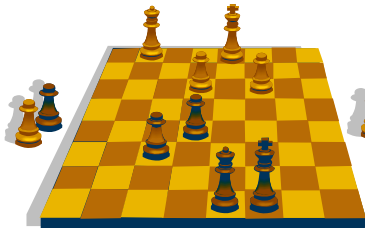
We can go to <http://onedrop.org/youth/myactions/> and tell them what your one drop is (here are some examples: 'My one drop is to spend less time in the shower.' "My one drop is to learn everything I can about water issues and pass the information to everyone I know." We were given one drop necklaces. We also can go to <http://telusforweday.com/> and share how you would make a positive change for a chance for to have \$20 000.00 to bring your idea to life.



All performers did a great job. During *Lights*, all our necklaces started lighting up and blinking to the music and Shawn Desman sang a very clear and strong song. The band, All-star Weekend, are newcomers to We Day and were great. Victoria Duffield shared how excited she was to be a part of We Day. Everybody did fantastic but next time I hope for a little more stories and a little less advertising.

By Aurora B.





CHESS CLUB

Once again, West St. Paul students have the opportunity to learn and play chess. The Chess Club have begun and will continue throughout the winter months, on Mondays and Wednesdays during the second nutrition break.

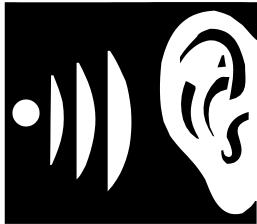
Instruction will be provided for beginning players and on-going coaching will occur throughout the coming months. The club is a drop-in event, so students who have a conflict with other noon hour activities, such as intramural sports, are free to attend those events and return to Chess when they have no other conflicting events.

VISION SCREENING



Vision Screening will take place at West St. Paul School during the week of November 27th – November 30th.

Details will follow in a letter sent home with students.



Dear Families,

As part of a hearing conservation program, Seven Oaks School Division is conducting hearing screening tests again this year. This is being done to identify those students who may have a hearing problem that needs attention. **Hearing screening tests will take place between Monday, November 12th and Friday, November 16th.**

Your child will have his/her hearing tested, unless you notify the school in writing that you do not wish him/her to take part in this program.

If you do not hear further from us, you may assume that your child's hearing is within the normal limits; however, if further testing is indicated, you will be informed by letter.

Joey Robertson
Learning Support Teacher



Once again, the students and families of West St. Paul School have the opportunity to help out needy children in the Winnipeg community by donating children's winter outerwear. Coats for Kids is a United Way organization. Donated items will be cleaned by Perths and made available to families whose children do not have warm winter clothing.

This campaign is being led by an impressive group of our middle school students, who will be speaking to all classes in the school and collecting donations every morning. The campaign begins immediately and will continue until the Tuesday after Parent/Teacher conferences, which will take place the evenings of November 20th and 21st and on the morning of Friday, November 22nd. Donations will be accepted at anytime between now and Tuesday, November 27th, especially when you come for your interview with your children's teachers.

The items needed include...

Winter jackets

Hat

Snow Pants

Mitts

Snowsuits

Winter Boots

We hope that you will find a way to contribute to this wonderful campaign. Thank you, again, for supporting our student leaders who are working to make our school an important member of the greater community.

BOOK FAIR



West St. Paul will be hosting the Scholastic Book Fair this November in the library. Everyone is welcome!! Come check out the new titles!! Our profits will be used to purchase additional books for the library.

The Book Fair will be held on:

Wednesday, Nov. 21 - Classroom previews during the school day

Thursday, Nov. 22 - During the school day & 2:30 - 8:30pm

Friday, Nov. 23 - In the morning: 8am - 11am

If any parents would like to volunteer, please contact me at heather.mathis@7oaks.org or 204-339-1964. I look forward to hearing from you and I look forward to seeing you at the Book Fair!

Heather Mathis
West St. Paul School Library



Look for order forms for the **Farm to School Fundraiser** to go home with the youngest student in the family soon.

The Grade 8 students will be doing a **Mom's Pantry Fundraiser**. Order forms will be going home with the Grade 8 students in the next couple of weeks.



MOM'S PANTRY



City of Winnipeg Leisure Guide

The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Leisure Guide is published three times per year and is filled with fun and exciting programs for everyone.

For more information on leisure, sport and fitness programs, please pick up a copy of the Leisure Guide, call 311 or log on to Winnipeg.ca/leisureonline. Guides are available for pick up at civic pools, libraries and leisure centres, and at a number of retail locations including Safeway, 7-Eleven and Mac's.

Watch for the Winter 2013 Leisure Guide at the beginning of December! Registration for swimming lessons only will begin on December 11 at 9:00 a.m. Registration for all other programs will begin on December 12 at 9:00 a.m. Registration will be ongoing after these start dates.

City of Winnipeg Priceless Fun

Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun. The winter edition of Priceless Fun, available in December, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide.

Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres. You can view the current edition of Priceless Fun online at: Winnipeg.ca/cms/recreation/pdfs/Free_programs.pdf. Information about programs is also available by calling 311.

WEST ST. PAUL APPAREL

Order forms are due on Friday, November 23rd (Parent/Teacher Conference Day). Sample sizes are available in the gym office. Students can see Mr. Ens for assistance. Additional forms can be found on the school website under News & Announcements.

PARENT/CHILD PRESCHOOL PROGRAM

Did You Know...



West St. Paul school offers FREE parent/child programs...

- ⇒ every Monday 9:00 – 10:30 a.m.
- ⇒ every Tuesday 9:15 – 10:30 a.m.
- ⇒ 2 Fridays a month 9:00 – 10:30 a.m.

Programs included, stories, songs, a nutritious snack, art and free play.

Come meet other West St. Paul families, which may include your child's future classmates.

For more information call Cheryl at 204-339-1964 or email:

cheryl.rajfur@7oaks.org

24th Annual Christmas Craft & Bake Sale

Sunday, November 18th, 2012

West St. Paul School – 3740 Main Street
10:00 a.m. until 4:00 p.m.

~ Bake Sale • Silent Auction • Crafts ~

Gift Ideas • Door Prizes • Take a break at the Canteen!

Come and Meet Santa Too! (11:00 am to 2:00 pm - don't forget your camera)

Admission: Adults \$2.00
Children under 12 are FREE

We wish you all a
very Merry Christmas

Thank you for all of your support
on behalf of West St. Paul School
Parent Advisory Council

The 24th Annual Christmas Craft and Bake Sale is scheduled for Sunday, November 18th and will take place in the gym of West St. Paul School. This traditional community event is organized by the Parent Advisory Council and is the biggest fundraiser of the year! To continue to make this fundraiser a success we need your help! Please consider donating baking, silent auction prizes or your time by volunteering to set up, clean up or work during the day.

- Baking can be dropped off on Saturday, November 17th between 10:00 a.m. and 2:00 p.m.
- Silent auction prizes may be dropped off at the school office no later than Friday, November 16th with a piece of paper indicating your name.

To volunteer contact Yanina Appendino at 417-7526 or via e-mail: yanieberhard@hotmail.com

Another way you can help is by encouraging your friends and family to come and enjoy this traditional community event. Santa is even coming this year between 11:00 a.m. and 2:00 p.m. to give out candy canes to the kids! Make sure to bring your cameras! Thanks so much for your support! We look forward to seeing you at the sale!

3740 Main Street
West St. Paul MB R4A 1A4
Phone: 204-339-1964
Fax: 204-339-7204

Administrators

Principal:
Vice Principal:

Cathy Horbas
David Ingram



ARE YOU INTERESTED IN A HEALTHIER LIFESTYLE?

Hans Kai is a community based health promotion program run by NorWest Co-op Community Health. There are currently programs running in the communities of Inkster and Seven Oaks.

The goal of the program is to reduce the obstacles that may prevent individuals from achieving a healthy lifestyle. Each group is free to choose sessions that address the specific topics they decide are important to their needs. NorWest organizes and provides the administrative and financial resources necessary to support each group. FREE onsite childcare is provided.

The groups will meet for a minimum of 2 hours per month for the duration of the school year. The occurrence and length of meetings can be adjusted to fit the group. NorWest will provide a monthly \$25 gift card to cover the cost of the snack, to be purchased and prepared by the group. At Hans Kai meetings, group members will conduct self health checks (for example, monitor blood pressure and blood glucose [sugar]), engage in physical activity and discuss health issues. The group will also be able to arrange for health professionals to speak to the group on a variety of different recreational activities or health topics such as:

- Healthy eating options
- Pilates, yoga or Zumba instruction
- Getting your child sport ready
- Exercise myth-busters
- Diabetes and other health conditions

The monthly meeting is held on Thursdays at West St. Paul School.

The next class is Nov. 8th, 2012 9:15 - 11:15 a.m.

Come check us out!

To register, or for more information, please contact:
Bren Dixon @ 940-6645 or Cheryl Rajfur @ 339-1964



REMEMBRANCE DAY ASSEMBLY

Friday, November 9th 11:00 a.m.

All community members are welcome.

All students are being asked to wear something red for the day.

Saturday, December 22, 2012

WEST ST. PAUL LIONS CLUB INVITES YOU TO JOIN US FOR...

Christmas Lunch with Santa



- *Picture with Santa*
- *Hotdog, potato chips & a drink*
- *Christmas Loot Bag*
- *Music*
- *Bake Sale*
- *Lots of Fun!*

Date: Saturday, December 22, 2012

Time: 11 a.m. - 2 p.m.

Place: Sunova Recreation Centre
48 Holland Rd., West St. Paul
(west of Main St. off Kapelus Dr.)

Cost: \$2.50 per person
(Purchase tickets at the door.)

For more info contact:
Lion Evelyn 204-339-1242

Happy Holidays!

 West St. Paul Lions Club

*On behalf of Wayne Shimizu,
Secretary-Treasurer*

The Division's June 30, 2012 Financial Statements and Supplementary Information, which was approved by the Board of Trustees at their regular Board Meeting held on Monday, October 29, 2012, is available on our website at the following link:

[http://www.7oaks.org/
GovernanceLeadership/
FinancialInformation/
FinancialStatements/
Documents/2011-2012%
20Financial%20Statements.pdf](http://www.7oaks.org/GovernanceLeadership/FinancialInformation/FinancialStatements/Documents/2011-2012%20Financial%20Statements.pdf)

NOVEMBER, 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 – Day 6 Gr. 8 Volleyball at TBA (3:30-5:30 p.m.)	2 – Day 1 Grade 1 Skating Maples Arena 12:00 p.m.	3
4	5 – Day 2 Gr. 6 Volleyball at TBA (3:30-5:30 p.m.)	6 – Day 3 Gr. 7 Volleyball at TBA (3:30-5:30 p.m.)	7 – Day 4 Divisional Volleyball at TBA (4-6 p.m.)	8 – Day 5 Immunizations All Gr.4s & Gr.6 Girls Gr. 8 Volleyball at TBA (3:30-5:30 p.m.)	9 – Day 6 Remembrance Day Assembly – 11 a.m. Grade 1 Skating Maples Arena 12:00 p.m.	10
11	12 – Day 1 Gr. 6 Volleyball at TBA (3:30-5:30 p.m.)	13 – Day 2 Gr. 7 Volleyball at TBA (3:30-5:30 p.m.) PAC Meeting 7:00 p.m	14 – Day 3 PICTURE RETAKES Divisional Volleyball at TBA (4-6 p.m.) PIZZA DAY	15 – Day 4 Gr. 8 Volleyball at TBA (3:30-5:30 p.m.)	16 – Day 5 Grade 1 Skating Maples Arena 12:00 p.m.	17 EY Team Handball (Gr. 4 & 5) Craft Sale Set-up
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> HEARING SCREENING </div>						
18 WSP Christmas & Craft Sale 10 a.m.-4 p.m.	19 – Day 6	20 – Day 1	21 – Day 2 HOT LUNCH	22 – Day 3	23 – Day 4 PARENT/TEACHER/ STUDENT CONFERENCES NO SCHOOL	24
25	26 – Day 5 DIVISIONAL IN-SERVICE NO SCHOOL	27 – Day 6	28 – Day 1 PIZZA DAY	29 – Day 2	30 – Day 3 Grade 1 Skating Maples Arena 12:00 p.m.	
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> VISION SCREENING </div>						

2012-2013 IMPORTANT DATES AT A GLANCE...

Nov 8	Immunizations – all Grade 4 students and Grade 6 girls
Nov 12-14	Hearing Screening
Nov 13	PAC Meeting – 7:00 p.m. Free childcare provided.
Nov 14	Photo Re-takes
Nov 18	Annual PAC Christmas Craft Sale (Baking donation drop off on Nov 17 between 10 & 2)
Nov 23	Parent/Teacher Conferences – NO SCHOOL
Nov 26	Divisional In-Service – NO SCHOOL
Nov 27 – 30	Vision Screening
Dec 21	Pancake Breakfast
Dec 24 – Jan 4	Winter Break – SCHOOL CLOSED
Jan 7	Classes Resume
Jan 21	Professional Development Day – NO SCHOOL
Feb 4	Professional Development Day – NO SCHOOL
Feb 18	Louis Riel Day – NO SCHOOL
Mar 15	Parent/Teacher Conferences – NO SCHOOL
Mar 25 – Mar 29	Spring Break – SCHOOL CLOSED
Apr 19	Professional Development Day – NO SCHOOL
May 6	Professional Development Day – NO SCHOOL
May 20	Victoria Day – NO SCHOOL
June 24	Professional Development Day – NO SCHOOL
June 28	Last Day of Classes – EARLY DISMISSAL

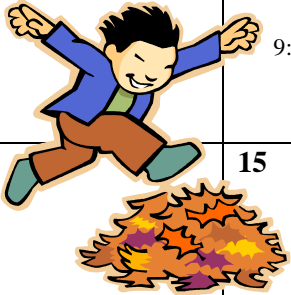
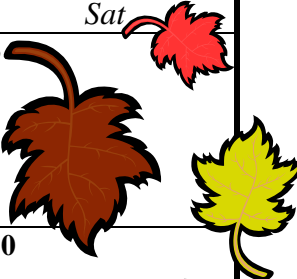

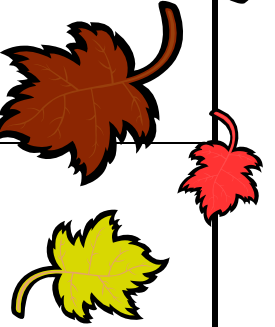

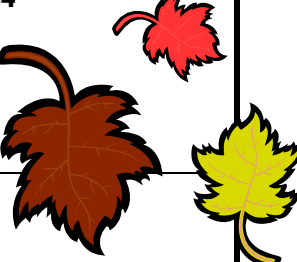
Please note, dates and events are subject to change. During the year, other professional development days and special events will be planned. Monthly newsletters will provide updates and the information will be posted on our school website. Please visit our website frequently for updates: www.7oaks.org/school/weststpaul/Pages

NOVEMBER

Fall



WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Joey Robertson - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 339-1964

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
PARENT/CHILD PROGRAMS						
4	5 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	6 Parent/Child Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Positive Discipline Constable Finney 6-8:30 p.m.	7 	8 Hans Kai 9:15 – 11:15 a.m. Library	9 Parent/Child Drop-In 9:00 – 10:30 a.m. 0 – 5 years	10 
11 	12 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	13 Parent/Child Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Positive Discipline Constable Finney 6-8:30 p.m. PAC Meeting – 7:00 p.m.	14	15	16	17 
18 WSP School Christmas Craft Sale	19 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	20 Parent/Child Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Positive Discipline Constable Finney 6-8:30 p.m.	21	22 	23 Parent/Teacher/Student Conferences NO SCHOOL	24 
25	26 DIVISIONAL PD NO SCHOOL	27 Parent/Child Rhymes & More 9:15 – 10:30 am 0 – 5 years	27	29	30 Parent/Child Drop-In 9:00 – 10:30 a.m. 0 – 5 years	

2012

Winter

DECEMBER

WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Joey Robertson - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 339-1964

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	4 Parent/Child Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Positive Discipline Constable Finney 6-8:30 p.m.	5	6	7 Parent/Child Drop-In 9:00 – 10:30 a.m. 0 – 5 years	8	
9	10 Parent/Child Storytime 9:00 – 10:30 a.m. 3 – 5 years	11 Parent/Child Rhymes & More 9:15 – 10:30 a.m. 0 – 5 years Positive Discipline Constable Finney 6-8:30 p.m. PAC Meeting – 7:00 p.m.	12	13 Hans Kai 9:15 – 11:15 a.m. Library	14	15	
16	17	18	19	20	21 Pancake Breakfast 8:00 a.m.	22	
23	24	25	26	27	28	29	
30	WINTER BREAK					31	

2012

Saturday, December 22, 2012

WEST ST. PAUL
LIONS CLUB
INVITES YOU TO
JOIN US FOR...

Christmas Lunch with Santa



- *Picture with Santa*
- *Hotdog, potato chips & a drink*
- *Christmas Loot Bag*
- *Music*
- *Bake Sale*
- *Lots of Fun!*

Date:

Saturday, December 22, 2012

Time:

11 a.m. - 2 p.m.

Place:

Sunova Recreation Centre
48 Holland Rd., West St. Paul
(west of Main St. off
Kapelus Dr.)

Cost:

\$2.50 per person
(Purchase tickets at the door.)

For more info contact:
Lion Evelyn 204-339-1242

Happy Holidays!



West St. Paul
Lions Club



Joust Volleyball Club

WHAT EVER THE ABILITY, WE HAVE A FACILITY!

NO TRYOUTS

LOOKING TO MAKE YOUR SCHOOL TEAM?

ASPIRATIONS OF MAKING A PROVINCIAL, COLLEGE, OR UNIVERSITY TEAM?

HAD A GROWTH SPURT AND YOUR COORDINATION HASN'T CAUGHT UP?

COMING OFF A POORLY TIMED INJURY THAT HAS SET YOU BACK?

- 16U (Born 1997 or 1998) & 14U (Born 1999, 2000, 2001, 2002)
- BOYS & GIRLS
- MAX 24 SPOTS OPEN FOR EACH AGE CATEGORY & GENDER
- FIRST COME FIRST SERVE REGISTRATION
- PROGRAM OPERATES FROM JANUARY TO APRIL
- 2 TRAINING SESSIONS (2 HOURS) PER WEEK
- PLAYER CLOTHING (UNIFORM, SHORTS, SWEATS, HOODIE)
- 4- 5 TOURNAMENTS
- REGISTRATION IS NOW OPEN AND CLOSES JANUARY 27, 2013!

BE SURE TO REGISTER EARLY TO ENSURE A SPOT!

E-MAIL JOUST VC TO RECEIVE YOUR FULL INFO & REGISTRATION PACKAGE

JOUST VC CONTACT: JOUSTVC12@YAHOO.CA (204) 294 8881