

JUNE, 2010 YEAR-END NEWS

West St. Paul School Community Newsletter

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Home of the Wildcats

Take Care of yourself, Take Care of each other, Take Care of this place.

D.A.R.E. In Room 9

D.A.R.E stands for Drug and Alcohol Resistance Education. It's a program aimed at helping Grade 5 and 6 students think about the negative effects of drugs and alcohol. It teaches kids ways to help them make healthy choices through using a model for making good decisions around the use and abuse of drugs and alcohol. The model teaches us to first define our problem, (for example a friend offering us a cigarette), assess our choices, respond to the problem and then evaluate our decision, D.A.R.E. The program was taught by Constables Stanke and Kecuba from the Selkirk R.C.M.P. office. This was a 10

week program that taught us about the dangers of drugs and alcohol and the messages behind tobacco and alcohol advertising campaigns that target to target young people.



We learned many things in the D.A.R.E program. We learned about peer pressure and self pressure. Peer pressure is when a friend tells you to do something that you don't want to do or

that might get you in trouble, make you sick or hurt. Self pressure is when you know something isn't good for you and even though no one is pressuring you, you're curiosity gets the best of you and you try it even if you know you shouldn't.

We have learned a lot and what we have learned will help us in the future if we ever come across any of these situations.

By: Julia and Makenzie ~ Mr. Calisto's class

BUMP UP DAY

On Monday, June 28th. Students will have the opportunity to meet with their teachers for next year. This will give them the chance to see all the new friends they will have, give them a chance to see what their new group will look like and begin to bond with their next year's teacher.

Please visit
our
newsletter
on-line to view
the photos in
colour.

IMPORTANT DATES

- June 24 Grade Eight Farewell
- June 25 School PD DAY **NO SCHOOL**
- June 28 BUMP UP DAY 8:00—9:30a.m.
Middle Years students to
Bird's Hill Park
- June 29 Middle Years students to
Fun Mountain
- June 30 Final Assembly 8:15a.m.
All are welcome.
Early Dismissal 10:45a.m.

2010/2011 SCHOOL YEAR

- Call for orientation appointments
anytime between
AUGUST 31st & SEPTEMBER 1st
- Sept 7/8 Orientation Days
- Sept 9 First day of school
- Sept 24 Divisional PD Day
NO SCHOOL
- Oct 1 School In-Service
NO SCHOOL
- Oct 22 Provincial In-Service
NO SCHOOL
- Nov 26 Parent/Teacher/Student
Conferences
NO SCHOOL
- Dec 23/10 to Jan 5/11
Winter Break
- Mar 28 to Apr 1
Spring Break

FROM THE GYM...



2010 PROVINCIAL TRACK & FIELD CHAMPIONSHIP

Congratulations to all the Middle Years athletes who braved the cold, rainy weather and participated in the 2010 Provincial Track and Field Championship held at the University of Manitoba Stadium on Wednesday, June 9. They are as follows:

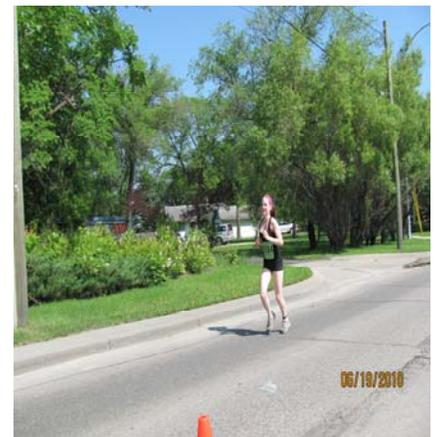
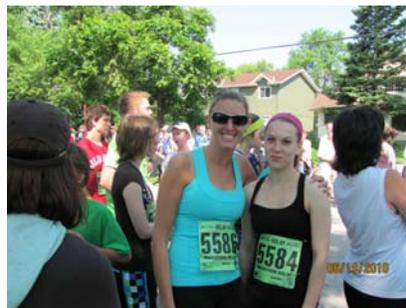
Fabian J.	Brett B.	Jordan K.	Ryden M.	Erci S.
Justin R.	Cody M	Filip S	Liam M.	Kara S.
Chelsey J.	Adam N.	Hayley W.	Cortni S.	Kyle R.
Sydney B	.Nykeah P.	Amanda C.	Kirsten S.	Madison N.
Cam H.	Krystin T.	Josh S.	Cordell D.	Amanda C.



All students did well and lots of personal bests were set. A special congratulation to Brett for placing second in Grade 8 boys discus and Amanda for placing first in Grade 8 girls shot put.

Manitoba Marathon

On Sunday, June 20 nineteen students and staff participated in the Manitoba Marathon. There were four student teams who ran the relay . Some teachers ran the 1/2 Marathon. Participants were: Ceara P, Ms Los, Andrew S., Cortni S. , Mr. Isaak, Mr. Rempel, Miss Burridge, Madison N, Lauren L., Julian B., Shelby B. Hayley W., Jill P, Ivette T., Victoria T., Landon L., Samantha L., Amber B., Miss Dilts. What an amazing accomplishment! We are extremely proud of all those who participated!



It was incredible to see the support that Winnipeggers have for the runners. People were out on their lawns, having breakfast, cheering us on. You really get a sense of community as you are running

Mr. Zylstra

I was really proud that I never stopped to walk. I was kind of overwhelmed by the numbers of people and how some of the people who were doing the full Marathon were just booking it past me.

Andrew

ART WITH ALICE VOLUNTEER APPRECIATION EVENINGS



June 9 and 10 found about thirty of our West St. Paul volunteers learning to paint with acrylic paint on old 33 vinyl records. Alice Kulyk was the instructor for this evening. Everyone learned a lot and even those who said "I don't know how to paint" turned out some beautiful pieces. The evening ended with refreshments.

In addition, the Seven Oaks School Division honours our volunteers by donating \$200 worth of books to our Library.

West St. Paul students and staff would like to once again say a huge THANK YOU to all our volunteers!



CANADA DAY CELEBRATION
THURSDAY, JULY 1
SUNOVA CENTRE, WEST ST. PAUL
Events start at 9:00 a.m.
Fireworks at 11:20 p.m.



Growing to Greatness - West St. Paul School

Please visit our school website to view the June, 2010 Report to the Community

www.7oaks.org/school/weststpaul/Pages

SPLASH ISLAND

Last Thursday Mr. Rempel, Mr. Bencharski and Miss Sharpe's classes took a bus to Splash Island in Portage la Prairie.

When we got there we had to wait and then we listened to the lifeguards tell us all the rules. Then we lined up to go into the change rooms. We went outside and waited at a blue line outside of the pool. The lifeguards gave us another speech and we put our stuff under the shelter.

Then . . . We got to go into the pool!! There were two water slides called Funnel Tunnel and Splash Attack. Splash Attack was like a half pipe and was really slow. Funnel Tunnel was a full pipe that was really dark and really fast. You couldn't even see your own feet and there was a light at the end that would tell you that you were almost at the end. Also the Funnel Tunnel had a lot of pressure at one turn that you couldn't even lift yourself up if you were laying down.

When you were in the line-up you had to go up one set of stairs then stand on a platform and then go up another flight of stairs.

We had a pile of fun. It rained all day in Winnipeg but it didn't rain where we were. We found out that if you sleep on the bus for an hour coming home, your legs will hurt.

By: Rylee, Daniela, and Rovlyn



Stonewall Quarry

Mr. Zylstra's and Ms. Greenings 3/4 class went on an awesome field trip to Stonewall Quarry. Miss Yeo and Miss Dilts class went too, but not on the same day. My favourite part was learning about the Ordo Sea. We did skits. I loved ours. I thought I would freak out when we were doing toilet paper tigers skit, but I did pretty well. I didn't love the fossils stuff. It wasn't so exciting. But I had an awesome time.

Something new I learned was that limestone is made out of something that once lived a long time ago. Did you know that some people use poop to make jewellery?
By Jaida



At the Quarry we learned lots of cool stuff about rocks and minerals like rocks can erode if water goes inside the rock but it takes time to crack. Another fun thing we did was take a tour around the quarry. The Quarry is 88 acres. We looked at some cool lime stone. It's very slippery. My favourite part was the fossil hunt. I found 6 fossils 3 Brachiopods, 1 trilobites and 2 cephalopods. Then we had a football game against Ms. Greenings class.
By Brandon

SEPTEMBER

West St. Paul School

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1	2	3	4
5	6 LABOUR DAY	7 ORIENTATION DAYS	8	9 FIRST DAY OF CLASSES	10	11
12	13	14	15	16	17	18
19	20 GRADE 6 STUDENTS @ CAMP STEPHENS	21	22	23	24 DIVISIONAL INSERVICE NO SCHOOL	25
26	27	28	29	30		

2010

IMPORTANT DATES AT A GLANCE

September 7 & 8	2010-2011 Orientation Days
September 9	First Day of School
September 20-22	Grade 6 Students @ Camp Stephens
September 24	Divisional Inservice ~ NO SCHOOL
October 11	Thanksgiving Day ~ NO SCHOOL
October 13	Lifetouch Photos ~ 8:00 a.m.
October 22	SAG ~ NO SCHOOL
November 8	Lifetouch Photo Retakes ~ 8:00 a.m.
November 11	Remembrance Day ~ NO SCHOOL
November 14	PAC Christmas Craft Sale
November 26	Parent/Teacher Conferences ~ NO SCHOOL
Dec 23/10 – Jan 5/11	Winter Break
January 6	Classes Resume
February 21	Louis Riel Day ~ NO SCHOOL
February 23-25	Middle Years Ski Trip to Asessippi
March 18	Parent/Teacher Conferences ~ NO SCHOOL
March 28 – April 1	Spring Break
May 23	Victoria Day ~ NO SCHOOL
June 30	Last Day of School ~ Early Dismissal

WONDERFUL West St. Paul

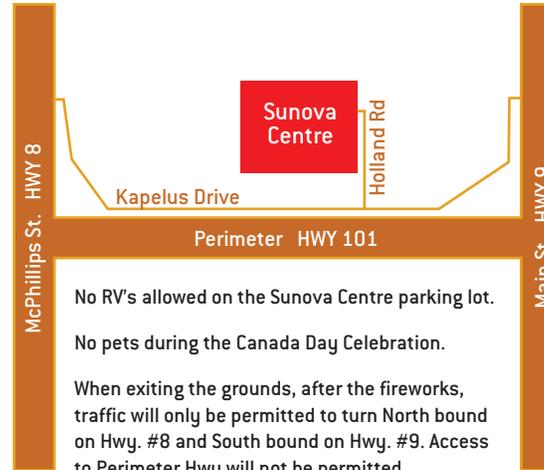


**This Event is Proudly
Sponsored by the
West St. Paul Canada Day
Committee, West St. Paul
Fire Department,
West St. Paul Council,
and Wonderful
West St. Paul**



West St. Paul - Sunova Centre

Map to the Sunova Centre (the new rec centre)



No RV's allowed on the Sunova Centre parking lot.

No pets during the Canada Day Celebration.

When exiting the grounds, after the fireworks,
traffic will only be permitted to turn North bound
on Hwy. #8 and South bound on Hwy. #9. Access
to Perimeter Hwy will not be permitted.

Please remember, this is a family orientated event.

2010 West St. Paul



Canada Day Celebration

**Thursday
July 1st, 2010**

**Once again all events are
at the West St. Paul
Rec Site - Sunova Centre**

Time Event Details

All Events at the Sunova Centre

9:00 – 11:00	Pancake Breakfast
11:45 – 12:00	Children's Bike Parade (Meet At Mulder's Construction At 11:15. Viewing of Parade along Holland Road)
12:00 – 10:30	Family BBQ & More! Hamburgers & Hotdogs
12:00 – 10:30	Silent Auction and 50/50
12:00 – 2:30	Children's Arcade, Horse Rides
12:00 – 6:00	Helicopter Rides (Cost of Helicopter Ride \$40 per person for approx. 12 minutes)
1:00	Cribbage Tournament (Sign-Up At 12:30 Inside Sunova Centre - please notify of accessibility issues upon registration)
2:00 – 4:30	Kids Stuff – Inflatable Toys, Petting Zoo, Air Brush Tattoos, Face Painting, Clowns
2:00 – 3:00	Buzz and Boomer from the Winnipeg Blue Bombers
2:00 – 3:30	Live Entertainment: Squire Lawrie, stilts guy!
2:00 – 2:45	Musical Performance – Hailey Primrose
3:00 – 4:30	Family Slow Pitch game (Bring your own glove)
3:00 – 3:20	Fubuki Diako Drummers
3:30 – 4:00	Cake Cutting – Welcome From Dignitaries
4:30	Children's Candy Scramble (for kids 10 years old and under)
5:00	Adult Grocery Scramble and Fun Race
5:30 – 6:15	Live Children's Entertainment: Magic with Jen & Zak
6:30 – 7:15	Musical Performance by Just Kiddin'
7:30 – 8:30	Award Winning Children's Entertainer Al Simmons
8:30 – 9:45	Live Pro Wrestling
9:45 – 11:00	Bed of Roses – Bon Jovi Tribute Band
11:00 – 11:15	Silent Auction & 50/50 Draws
11:20	Fireworks!!! (Rain Day: July 2nd)



Rain or Shine

Fireworks!
11:20